

**SAN JOSE UNIFIED SCHOOL DISTRICT
OCTOBER 2024
MIDDLE SCHOOL and HIGH SCHOOL BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
7 Pan Dulce (Concha) Cereal & Graham Cracker (Assorted variety)	8 Bagel w/Cream Cheese Cereal & Graham Cracker (Assorted variety)	9 Ultimate Breakfast Round Cereal & Graham Cracker (Assorted variety)	10 French Toast Sticks & Turkey Sausage Cereal & Graham Cracker (Assorted variety)	11 Breakfast Bun Cereal & Graham Cracker (Assorted variety)
14 Bagel w/Cream Cheese Cereal & Graham Cracker (Assorted variety)	15 Breakfast Bun Cereal & Graham Cracker (Assorted variety)	16 Pan Dulce (Concha) Cereal & Graham Cracker (Assorted variety)	17 Mini Bagel w/Strawberry Cream Cheese Cereal & Graham Cracker (Assorted variety)	18 Scrambled Eggs & Tortilla Cereal & Graham Cracker (Assorted variety)
21 Pan Dulce (Concha) Cereal & Graham Cracker (Assorted variety)	22 Bagel w/Cream Cheese Cereal & Graham Cracker (Assorted variety)	23 Ultimate Breakfast Round Cereal & Graham Cracker (Assorted variety)	24 French Toast Sticks & Turkey Sausage Cereal & Graham Cracker (Assorted variety)	25 Breakfast Bun Cereal & Graham Cracker (Assorted variety)
28 Bagel w/Cream Cheese Cereal & Graham Cracker (Assorted variety)	29 Breakfast Bun Cereal & Graham Cracker (Assorted variety)	30 Pan Dulce (Concha) Cereal & Graham Cracker (Assorted variety)	31 Mini Bagel w/Strawberry Cream Cheese Cereal & Graham Cracker (Assorted variety)	

Breakfast includes a selection of fruit or juice. Juice is offered twice weekly. Low-fat or fat-free milk is offered with all meals. All breads are rich in whole grains. Menu subject to change. This institution is an equal opportunity provider.