

# Requesting an Accommodation for Special Dietary Needs Procedure and Process

adheres to specific United States Department of Agriculture (USDA) guidelines in providing special dietary accommodations for students. A "reasonable modification" is a change or alteration in practices or procedures to accommodate a disability that ensures that students with disabilities have equal opportunity to participate in or benefit from the program. In accordance with the criteria set forth in [7 CFR Part 15b](#), those students who are unable to eat the school meal due to a disability, medical need, and/or impairment are accommodated, at no additional charge. Meal modifications must be related to the disability or limitations caused by the disability. The USDA regulations for school nutrition programs does not require meal modifications for children whose special dietary needs do not constitute a disability, including those related to religious or moral convictions, general health concerns, and personal food preferences.

Per [Section 504 of the Rehabilitation Act of 1973](#), parents/ guardians have a right to an evaluation of their student if the district has reason to believe that the student has a mental and/or physical impairment that substantially limits a major life activity, which can involve eating/digestion. Students have the right to this evaluation before any plan for accommodation. Parents/guardians should ensure that they contact the school if they feel as though an evaluation would be appropriate.

Parents/guardians should complete the necessary information on the medical statement form in order to request an accommodation for their student. The school may contact the student and parents/guardians for additional information as needed. For example, if the substitutions needed for accommodations fall outside of the USDA meal pattern, the form must be signed by an authorized medical authority with prescriptive privileges in the state of Indiana.

## Procedural Safeguards

If the household feels that reasonable accommodation are not being met, they have the right to contact the school's 504 Coordinator and:

- File a grievance if they believe a violation has occurred regarding the request for a reasonable modification;
- Receive a prompt and equitable resolution of the grievance;
- Request and participate in an impartial hearing to resolve their grievances;
- Be represented by counsel at the hearing;
- Examine the record; and
- Receive notice of the final decision and a procedure for review, i.e., right to appeal the hearing's decision.

## Accommodations Coordinator

- The safety of your child comes first. If you have a child with a disability/medical need or impairment, please submit your request for accommodation by completing this form and submitting it to:
- For more information about accommodations for meals and the meal service for students with disabilities, please contact

## USDA Nondiscrimination Statement

*In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.*

*Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.*

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

# Special Dietary Needs Medical Statement Form

This school/facility participates in a federally funded Child Nutrition Program and any meals, milk, and snacks served must meet program requirements. Reasonable meal accommodations must be made when the accommodation requested is due to a disability or impairment. If you are requesting a meal accommodation or substitution, please complete and sign this form. A note from a medical authority may be required. If you have any questions, please contact \_\_\_\_\_ at \_\_\_\_\_.

## Parent/Guardian:

<b>Student's Name</b>	<b>Date of Birth</b>	<b>Grade Level/Classroom</b>	<b>Name of School/Site</b>
<b>Name of Parent/Guardian</b>		<b>Phone Number of Parent/Guardian</b>	
<b>Disability/Medical Need of Student:</b>			
Allergy		Texture Modification	
Intolerance		Other	
<u>Allergies and Intolerances</u>	<b>What food(s)/type(s) of foods should be omitted? Please be as specific as possible.</b>		
	<b>List foods to be substituted.</b>		
<b>Signature of Parent/Guardian</b>		<b>Date</b>	

Please obtain a doctor (DO or MD), nurse practitioner (NP), or physician assistant (PA) signature if your student requires a special menu or meal modification.

## Medical Authority:

<u>Texture Modifications</u>	<b>Food should be:</b> Pureed Diced/Finely Ground Chopped/cut into bite-size pieces Other (please specify):	<b>Liquids should be:</b> Pudding Thick Honey/Nectar Thick Thinned Other (please specify):
<u>Additional Information</u>	<b>Provide an explanation of how the student's physical or mental impairment restricts the student's diet</b>	
	<b>Describe any additional details for clarification such as required special adaptive equipment, reactions to allergies, etc.:</b>	
<b>Name of Medical Authority &amp; Title (please PRINT)</b>		<b>Provider Phone Number</b>
<b>Signature of Medical Authority</b>		<b>Date</b>

*Signing the following section is optional, but may prevent delays by allowing school personnel to speak with the medical authority.*

### Health Insurance Portability and Accountability Act Waiver (HIPPA)

In accordance with the provisions of the Health Insurance Portability and Accountability Act of 1996 and Family Educational Rights and Privacy Act (FERPA), I hereby authorize \_\_\_\_\_ (medical authority) to release such protected health information of my child as is necessary for the specific purpose of special diet information to \_\_\_\_\_ (school/program), and I consent to allow the medical authority to freely exchange the information listed on this form and in their records concerning my child, with the school program as necessary. I understand that I may refuse to sign this authorization without impact on the eligibility of my request for a special diet for my child. I understand that permission to release this information may be rescinded at any time except when the information has already been released. This information is to be released for the specific purpose of special diet information. The undersigned certifies that he/she is the parent/guardian/or representative of the child listed on this document and has the legal authority to sign on behalf of that child.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### School/Faculty Use Only:

- |   |  |
|---|--|
| <input type="checkbox"/> Form Received on _____.                        | <input type="checkbox"/> Accommodation will begin on _____.  |
| <input type="checkbox"/> Accommodations within meal pattern.            | <input type="checkbox"/> Accommodations not within meal pattern.                                     |
| <input type="checkbox"/> Form incomplete. Parent contacted on _____.    |  |
| <input type="checkbox"/> Form complete. Accommodation will not be made. | <input type="checkbox"/> Request not reasonable. <input type="checkbox"/> 504 coordinator contacted. |

\_\_\_\_\_ Date

\_\_\_\_\_ Signature of Food Service Director/Contact