

October 2024

LESD Middle School Supper Menu

MON		TUES		WED		THURS		FRI																
9/30		10/1		10/2		10/3		10/4																
Campfire S'mores Bar (v)	Cheez It Crackers (v)	Whole Grain Cookie (v)	Dino Bites (v)	GoldFish Crackers	Cheddar Cheese (v)	String Cheese (v)	String Cheese (v)	Colby Jack Cheese Stick	Roasted Sunflower Seeds (v)	Sweet & Spicy Mango Trail Mix (v)	Roasted Sunflower Seeds (v)	Jack Links: Sweet BBQ Chicken Bites	Honey Sunflower Seeds (v)	Sour Blueberry Raisins	Bahama Bananas	Navel Orange	Chili Carrot Coins	Strawberry Paleta & Dried Cranberries	Super Celery with Super Ranch	Baby Carrots	Cool Cucumber	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk																
7		8		9		10		11																
Cocoa Brownie Bar (v)	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p)	ChatSnax Graham Crackers (v)	Strawberry PopTart	Pupil Free Day *School not in Session*	String Cheese (v)	Jack Links: Sweet BBQ Chicken Bites																		
Roasted Sunflower Seeds (v)	Peach Slices	Mini Yogurt (v)	String Cheese (v)		Jack Links: Sweet BBQ Chicken Bites																			
100% Fruit Juice	Baby Carrots	Sunflower Seeds (v)	HOTM: Sugarbee Apples																					
Broccoli w/ Ranch	Baby Carrots	Bahama Bananas	Paradise Punch																					
8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	Chili Jicama Sticks	8 oz NF or 1% White Milk																					
8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk																		
14		15		16		17		18																
Campfire S'mores Bar (v)	Cheez It Crackers (v)	Whole Grain Cookie (v)	Tortilla Chips (v)	GoldFish Crackers	Cheddar Cheese (v)	String Cheese (v)	Cheddar Cheese Stick (v)	Colby Jack Cheese Stick	Roasted Sunflower Seeds (v)	Sweet & Spicy Mango Trail Mix (v)	Roasted Sunflower Seeds (v)	Honey Roasted Sunflower Seeds (v)	Honey Sunflower Seeds (v)	Sour Blueberry Raisins	Frozen Watermelon Juice Cup	Navel Orange	Salsa	Strawberry Paleta & Dried Cranberries	Super Celery with Super Ranch	Baby Carrots	Cool Cucumber	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk																
21		22		23		24		25																
Cocoa Brownie Bar (v)	Domino's Smart Slice Pizza: Cheese (v) or Pepperoni (p)	Granola 1 wg	Strawberry PopTart	Birthday Cake Bar (v)	String Cheese (v)	Jack Links: Sweet BBQ Chicken Bites	String Cheese (v)	String Cheese (v)	Roasted Sunflower Seeds (v)	100% Fruit Juice	Peach Slices	Chili Lime Cruncherz	HOTM: Sugarbee Apples	Apple Slices	Broccoli w/ Ranch	Baby Carrots	Chili Jicama Sticks	Paradise Punch	Baby Carrots	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk
8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk																
28		29		30		31		11/1																
Campfire S'mores Bar (v)	Cheez It Crackers (v)	Whole Grain Cookie (v)	Tortilla Chips (v)	GoldFish Crackers	Cheddar Cheese (v)	String Cheese (v)	Cheddar Cheese Stick (v)	Colby Jack Cheese Stick	Roasted Sunflower Seeds (v)	Sweet & Spicy Mango Trail Mix (v)	Roasted Sunflower Seeds (v)	Honey Roasted Sunflower Seeds (v)	Honey Sunflower Seeds (v)	Sour Blueberry Raisins	Frozen Watermelon Juice Cup	Navel Orange	Salsa	Mango Paleta & Dried Cranberries	Super Celery with Super Ranch	Baby Carrots	Cool Cucumber	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk or NF Chocolate	8 oz NF or 1% White Milk
8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk or NF Chocolate		8 oz NF or 1% White Milk																

(v)= Vegetarian
(p) = Contains Pork

This institution is an equal opportunity provider.