

## October 2024 ELC Breakfast and Lunch Menu

October 1

Breakfast: Cereal

Lunch: Chicken Chunks, Whole Kernel Corn, Fresh Cantaloupe, Milk

October 2

Breakfast: French Toast Sticks

Lunch: Mini Corn Dogs, Mixed Vegetables, Fresh Pineapple, Milk

October 3

Breakfast: Seasonal Muffin

Lunch: Sweet n Sour Chicken + Rice, Seasoned Green Beans, Fresh Mixed Fruit, Milk

October 4

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Lunch from Home

October 7

Breakfast: Cereal

Lunch: Soft Taco, Seasoned Pinto Beans, Fresh Apple Slices, Milk

October 8

Breakfast: Chocolate Chip Waffle

Lunch: Cheeseburger, Whole Kernel Corn, Mandarin Oranges, Milk

October 9

Breakfast: Mini Pancakes

Lunch: Chicken Chunks, Mixed Vegetables, Fresh Pineapple, Milk

October 10

Breakfast: Seasonal Muffin

Lunch: Mac & Cheese, Baked Beans, Fresh Cantaloupe, Milk

October 11

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Lunch from Home

October 14

Breakfast: Cereal

Lunch: Cheeseburger, Seasoned Pinto Beans, Fresh Apple Slices, Milk

October 15

Breakfast: Chocolate Chip Waffle

Lunch: Steak Fingers, Mashed Potatoes, Fresh Cantaloupe, Milk

October 16

Breakfast: French Toast Sticks

Lunch: Chicken Chunks, Cucumber Slices, Fresh Pineapple, Milk

October 17

Breakfast: Seasonal Muffin

Lunch: Pasta + Meatballs, Seasoned Green Beans, Mixed Fruit, Milk

October 18

Breakfast: Sausage & Cheese Biscuit

Lunch: Lunch from Home

October 21

Breakfast: Cereal

Lunch: Hot Dog, Seasoned Black Beans, Fresh Apple Slices, Milk

October 22

Breakfast: French Toast Sticks

Lunch: Cheeseburger, Whole Kernel Corn, Orange Smiles, Milk

October 23

Breakfast: Mini Pancakes

Lunch: Chicken Chunks, Cucumber Slices, Fresh Pineapple, Milk

October 24

Breakfast: Seasonal Muffin

Lunch: Mini Corn Dogs, Seasoned Green Beans, Fresh Cantaloupe, Milk

October 25

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Lunch from Home

October 28

Breakfast: Cereal

Lunch: Soft Tacos, Seasoned Pinto Beans, Apple Slices, Milk

October 29

Breakfast: Chocolate Chip Waffle

Lunch: Chicken Chunks, Whole Kernel Corn, Fresh Cantaloupe, Milk

October 30

Breakfast: French Toast Sticks

Lunch: Mini Corn Dogs, Mixed Vegetables, Fresh Pineapple, Milk

October 31

Breakfast: Seasonal Muffin

Lunch: Cheeseburger, Whole Kernel Corn, Orange Smiles, Milk

\*Menus are subject to change without notice due to price and availability of food\*

This institution is an equal opportunity provider.