



OCTOBER 2024 ELC BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Cereal Chicken Chunks Whole Kernel Corn Fresh Cantaloupe Milk	French Toast Sticks Mini Corn Dogs Mixed Vegetables Fresh Pineapple Milk	Seasonal Muffin Sweet n Sour Chicken + Rice Seasoned Green Beans Fresh Mixed Fruit Milk	Ham & Cheese Croissant Lunch from Home
7	8	9	10	11
Cereal Soft Taco Seasoned Pinto Beans Fresh Apple Slices Milk	Chocolate Chip Waffle Cheeseburger Whole Kernel Corn Mandarin Oranges Milk	Mini Pancakes Chicken Chunks Mixed Vegetables Fresh Pineapple Milk	Seasonal Muffin Mac & Cheese Baked Beans Fresh Cantaloupe Milk	Ham & Cheese Croissant Lunch from Home
14	15	16	17	18
Cereal Cheeseburger Seasoned Pinto Beans Fresh Apple Slices Milk	Chocolate Chip Waffle Steak Fingers Mashed Potatoes Fresh Cantaloupe Milk	French Toast Sticks Chicken Chunks Cucumber Slices Fresh Pineapple Milk	Seasonal Muffin Pasta + Meatballs Seasoned Green Beans Mixed Fruit Milk	Sausage & Cheese Biscuit Lunch from Home
21	22	23	24	25
Cereal Hot Dog Seasoned Black Beans Fresh Apple Slices Milk	French Toast Sticks Cheeseburger Whole Kernel Corn Orange Smiles Milk	Mini Pancakes Chicken Chunks Cucumber Slices Fresh Pineapple Milk	Seasonal Muffin Mini Corn Dogs Seasoned Green Beans Fresh Cantaloupe Milk	Ham & Cheese Croissant Lunch from Home
28	29	30	31	
Cereal Soft Tacos Seasoned Pinto Beans Apple Slices Milk	Chocolate Chip Waffle Chicken Chunks Whole Kernel Corn Fresh Cantaloupe Milk	French Toast Sticks Mini Corn Dogs Mixed Vegetables Fresh Pineapple Milk	Seasonal Muffin Cheeseburger Whole Kernel Corn Orange Smiles Milk	

**This institution is an equal opportunity employer.
*Menus are subject to change without notice due to availability of food***