



High School Breakfast and Lunch Menus October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	10/1	10/2	10/3	10/4
	Sausage, Egg, Cheese Biscuit Chicken Tender Taco Chicken Tenders Garden Salad Refried Beans Fresh Pineapple	Chocolate Chip Waffle Pot Stickers Chicken Tenders Garden Salad Stir Fried Vegetables Mandarin Oranges Vegetable Egg Roll	Seasonal Muffin Chicken Nachos Chicken Tenders Garden Salad Whole Kernel Corn Fresh Mixed Fruit	Turkey Ham & Cheese Croissant Chicken + Waffle Spicy Chicken Sandwich Garden Salad Apple Cobbler Sweet Potato Fries
10/7	10/8	10/9	10/10	10/11
French Toast Steak Fingers Spicy Chicken Sandwich Garden Salad Mashed Potatoes & Gravy Mandarin Oranges Dinner Roll	Breakfast Pizza Cheese Enchiladas Spicy Chicken Sandwich Garden Salad Pinto Beans Grape Escapes Spanish Rice	Stuffed Cinnamon Toast Sweet N Sour Chicken Spicy Chicken Sandwich Garden Salad Stir Fried Veg Fresh Pineapple Lo Mein Noodles Veg Egg Roll	Seasonal Muffin Beef Nachos Chicken Tenders Garden Salad Whole Kernel Corn Fresh Cantaloupe	Turkey Ham & Cheese Croissant Pasta Bar Spicy Chicken Sandwich Garden Salad Green Beans Clementines Dinner Roll
10/14	10/15	10/16	10/17	10/18
STUDENT HOLIDAY	Mini Pancakes Don Lee Chicken Tacos Chicken Tenders Garden Salad Refried Beans Fresh Pineapple	Chocolate Chip Waffle Pot Stickers Spicy Chicken Sandwich Garden Salad Stir Fried Vegetables Fresh Mixed Fruit Veg. Egg Roll	Seasonal Muffin Chicken Nachos Chicken Tenders Garden Salad Whole Kernel Corn Grape Escapes	Sausage & Cheese Biscuit Frito Pie Spicy Chicken Sandwich Baby Carrots Garden Salad Apple Cobbler
10/21	10/22	10/23	10/24	10/25
French Toast Sticks Bacon Cheeseburger Spicy Chicken Sandwich Curly Fries Cole Slaw Fresh Apple Slices	Breakfast Pizza Chicken Burrito Bowl Chicken Tenders Garden Salad Seasoned Black Beans Grape Escapes Cilantro Rice Cornbread	Stuffed Cinnamon Toast Thai Chicken Spicy Chicken Sandwich Garden Salad Stir Fried Vegetables Fresh Cantaloupe Veg Egg Roll Steamed Rice	Seasonal Muffin Beef Nachos Chicken Tenders Garden Salad Whole Kernel Corn Fresh Pineapple	Turkey Ham & Cheese Croissant Mini Corn Dogs Spicy Chicken Sandwich Garden Salad Baked Beans Apple Cobbler
10/28	10/29	10/30	10/31	
Mini Pancakes Steak Fingers Spicy Chicken Sandwich Garden Salad Mashed Potatoes + Gravy Fresh Apple Slices Dinner Roll	Sausage, Egg, Cheese Biscuit Chicken Tender Taco Chicken Tenders Garden Salad Refried Beans Fresh Pineapple	Chocolate Chip Waffle Pot Sticker Spicy Chicken Sandwich Garden Salad Stir Fried Vegetables Mandarin Oranges Veg Egg Roll	Seasonal Muffin Chicken Nachos Chicken Tenders Garden Salad Whole Kernel Corn Fresh Mixed Fruit Pumpkin Cookie	

Menus are subject to change without notice due to price and availability of food
This institution is an equal opportunity provider.