



October 2024 DYSPHAGIA MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Sausage Biscuit w/ Gravy Pureed Yogurt Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Green Beans Canned Pears</p>	<p>2 French Toast w/ Fruit Compote Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler</p>	<p>3 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler</p>	<p>4 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>
<p>7 Oatmeal w/ Fruit Compote Applesauce Juice Milk</p> <p>Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches</p>	<p>8 Chicken & Waffles Pureed Yogurt Applesauce Juice Milk</p> <p>Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Spiced Applesauce</p>	<p>9 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler</p>	<p>10 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail</p>	<p>11 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges</p>
<p>14</p> <p style="text-align: center;">NO SCHOOL</p>	<p>15 Holiday Meal Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Green Beans Canned Pears</p>	<p>16 French Toast w/ Fruit Compote Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler</p>	<p>17 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler</p>	<p>18 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>

<p>21 Oatmeal w/ Fruit Compote Applesauce Juice Milk</p> <p>Beef & Cheese Nachos Seasoned Black Beans Cauliflower Sliced Peaches</p>	<p>22 Chicken & Waffles Pureed Yogurt Applesauce Juice Milk</p> <p>Mashed Potato Bowl w/ Cheese & Chicken Glazed Carrots Green Beans Spiced Applesauce</p>	<p>23 Cinnamon Roll w/ Sausage Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Turkey Alfredo Green Beans Glazed Carrots Fruit Cobbler</p>	<p>24 Cream of Wheat w/ Fruit Compote Applesauce Juice Milk</p> <p>Chili Mashed Potatoes w/ Gravy Glazed Carrots Fruit Cocktail</p>	<p>25 Pancakes & Sausage Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Green Chili Cheese Burrito w/ Nacho Cheese Mixed Vegetables Green Beans Mandarin Oranges</p>
<p>28 Fruit & Yogurt Parfait Applesauce Juice Milk</p> <p>Cheese Enchiladas Seasoned Black Beans Green Beans Canned Peaches</p>	<p>29 Sausage Biscuit w/ Gravy Pureed Yogurt Applesauce Juice Milk</p> <p>Spaghetti Glazed Carrots Green Beans Canned Pears</p>	<p>30 French Toast w/ Fruit Compote Pureed Fruit & Yogurt Applesauce Juice Milk</p> <p>Salisbury Steak Green Beans Mashed Potatoes Fruit Cobbler</p>	<p>31 Chicken Biscuit w/ Gravy Pureed Cream of Wheat Applesauce Juice Milk</p> <p>Chicken Nuggets w/ Country Gravy Mashed Potatoes Green Beans Fruit Cobbler</p>	<p>1 Blueberry Muffin w/ Fruit Compote Pureed Yogurt Meal Applesauce Juice Milk</p> <p>Macaroni & Cheese Tomato Soup Creamed Spinach Fruit Cobbler</p>

All menu items can be provided as Pureed, Minced & Moist, or Soft & Bite Sized based on Doctor's orders.

****All meals come with a choice of 1% white milk or fat free chocolate milk****

*****Standard Dysphagia Breakfast served after a holiday will be 2 Yogurts, Applesauce, juice and choice of milk*****

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***Menus are subject to change without notice due to price and availability of food*provider.**