

October 2024 Middle School Breakfast and Lunch Menu

October 1

Breakfast: Sausage, Egg, Cheese Biscuit

Lunch: Chicken Tender Taco, Chicken Tenders, Garden Salad, Refried Beans, Fresh Pineapple, Cornbread

October 2

Breakfast: Chocolate Chip Waffle

Lunch: Pot Stickers, Chicken Tenders, Garden Salad, Stir Fried Vegetables, Clementines, Steamed Rice, Vegetable Egg Roll

October 3

Breakfast: Seasonal Muffin

Lunch: Chicken Nachos, Chicken Tenders, Garden Salad, Whole Kernel Corn, Fresh Mixed Fruit

October 4

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Chicken + Waffle, Garden Salad, Apple Cobbler, Sweet Potato Fries

October 7

Breakfast: French Toast

Lunch: Steak Fingers, Chicken Tenders, Garden Salad, Mashed Potatoes & Gravy, Mandarin Oranges, Dinner Roll

October 8

Breakfast: Breakfast Pizza

Lunch: Breaded Bone-in Chicken, Chicken Tenders, Garden Salad, Baked Beans, Grape Escapes, Biscuit

October 9

Breakfast: Stuffed Cinnamon Toast

Lunch: Chicken Tenders, Don Lee Chicken Tacos, Garden Salad, Black Beans, Fresh Pineapple, Cornbread

October 10

Breakfast: Seasonal Muffin

Lunch: Beef Nachos, Chicken Tenders, Garden Salad, Whole Kernel Corn, Fresh Cantaloupe

October 11

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Cheese Stuffed Breadsticks, Chicken Tenders, Garden Salad, Cole Slaw, Clementines, Dinner Roll

October 15

Breakfast: Mini Pancakes

Lunch: Don Lee Chicken Tacos, Chicken Tenders, Garden Salad, Refried Beans, Grape Escapes, Cornbread

October 16

Breakfast: Chocolate Chip Waffle

Lunch: Pot Stickers, Chicken Tenders, Garden Salad, Stir Fried Vegetables, Fresh Mixed Fruit, Vegetable Egg Roll

October 17

Breakfast: Seasonal Muffin

Lunch: Mac & Cheese, Chicken Tenders, Garden Salad, Baked Beans, Grape Escapes, Dinner Roll

October 18

Breakfast: Sausage & Cheese Biscuit

Lunch: Frito Pie, Chicken Tenders, Baby Carrots, Garden Salad, Apple Cobbler, Dinner Roll

October 21

Breakfast: French Toast Sticks

Lunch: Bone-in Chicken, Chicken Tenders, Baby Carrots, Cole Slaw, Fresh Apple Slices, Dinner Roll

October 22

Breakfast: Breakfast Pizza

Lunch: Steak Fingers, Chicken Tenders, Garden Salad, Mashed Potatoes + Gravy, Grape Escapes, Dinner Roll

October 23

Breakfast: Stuffed Cinnamon Toast

Lunch: Rotini & Meat Sauce, Chicken Tenders, Garden Salad, Seasoned Green Beans, Fresh Cantaloupe

October 24

Breakfast: Seasonal Muffin

Lunch: Beef Nachos, Chicken Tenders, Garden Salad, Whole Kernel Corn, Fresh Pineapple

October 25

Breakfast: Turkey Ham & Cheese Croissant

Lunch: Chicken Tenders + Waffles, Garden Salad, Curly Fries, Fruit Slush

October 28

Breakfast: Mini Pancakes

Lunch: Steak Fingers, Chicken Tenders, Garden Salad, Mashed Potatoes + Gravy, Fresh Apple Slices, Dinner Roll

October 29

Breakfast: Sausage, Egg, Cheese Biscuit

Lunch: Chicken Tender Taco, Chicken Tenders, Garden Salad, Refried Beans, Fresh Pineapple, Cornbread

October 30

Breakfast: Chocolate Chip Waffle

Lunch: Thai Chili Chicken, Chicken Tenders, Garden Salad, Stir Fried Vegetables, Clementines, Steamed Rice, Vegetable Egg Roll

October 31

Breakfast: Seasonal Muffin

Lunch: Chicken Nachos, Chicken Tenders + Roll, Garden Salad, Whole Kernel Corn, Fresh Mixed Fruit, Pumpkin Cookie

Menus are subject to change without notice due to price and availability of food

This institution is an equal opportunity provider.