



## Middle School Breakfast and Lunch Menus October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>10/1</b>	<b>10/2</b>	<b>10/3</b>	<b>10/4</b>
	Sausage, Egg, Cheese Biscuit  Chicken Tender Taco Chicken Tenders  Garden Salad Refried Beans Fresh Pineapple Cornbread	Chocolate Chip Waffle  Pot Stickers Chicken Tenders  Garden Salad Stir Fried Vegetables Clementines Steamed Rice Vegetable Egg Roll	Seasonal Muffin  Chicken Nachos Chicken Tenders  Garden Salad Whole Kernel Corn Fresh Mixed Fruit	Turkey Ham & Cheese Croissant  Chicken + Waffle  Garden Salad Apple Cobbler Sweet Potato Fries
<b>10/7</b>	<b>10/8</b>	<b>10/9</b>	<b>10/10</b>	<b>10/11</b>
French Toast  Steak Fingers Chicken Tenders  Garden Salad Mashed Potatoes & Gravy Mandarin Oranges Dinner Roll	Breakfast Pizza  Breaded Bone-in Chicken Chicken Tenders  Garden Salad Baked Beans Grape Escapes Biscuit	Stuffed Cinnamon Toast  Chicken Tenders Don Lee Chicken Tacos  Garden Salad Black Beans Fresh Pineapple Cornbread	Seasonal Muffin  Beef Nachos Chicken Tenders  Garden Salad Whole Kernel Corn Fresh Cantaloupe	Turkey Ham & Cheese Croissant  Cheese Stuffed Breadsticks Chicken Tenders  Garden Salad Cole Slaw Clementines Dinner Roll
<b>10/14</b>	<b>10/15</b>	<b>10/16</b>	<b>10/17</b>	<b>10/18</b>
<b>STUDENT HOLIDAY</b>	Mini Pancakes  Don Lee Chicken Tacos Chicken Tenders  Garden Salad Refried Beans Grape Escapes Cornbread	Chocolate Chip Waffle  Pot Stickers Chicken Tenders  Garden Salad Stir Fried Vegetables Fresh Mixed Fruit Veg. Egg Roll	Seasonal Muffin  Mac & Cheese Chicken Tenders  Garden Salad Baked Beans Grape Escapes Dinner Roll	Sausage & Cheese Biscuit  Frito Pie Chicken Tenders  Baby Carrots Garden Salad Apple Cobbler Dinner Roll
<b>10/21</b>	<b>10/22</b>	<b>10/23</b>	<b>10/24</b>	<b>10/25</b>
French Toast Sticks  Bone-in Chicken Chicken Tenders  Baby Carrots Cole Slaw Fresh Apple Slices Dinner Roll	Breakfast Pizza  Steak Fingers Chicken Tenders  Garden Salad Mashed Potatoes + Gravy Grape Escapes Dinner Roll	Stuffed Cinnamon Toast  Rotini & Meat Sauce Chicken Tenders  Garden Salad Seasoned Green Beans Fresh Cantaloupe	Seasonal Muffin  Beef Nachos Chicken Tenders  Garden Salad Whole Kernel Corn Fresh Pineapple	Turkey Ham & Cheese Croissant  Chicken Tenders + Waffles  Garden Salad Curly Fries Fruit Slush
<b>10/28</b>	<b>10/29</b>	<b>10/30</b>	<b>10/31</b>	
Mini Pancakes  Steak Fingers Chicken Tenders  Garden Salad Mashed Potatoes + Gravy Fresh Apple Slices Dinner Roll	Sausage, Egg, Cheese Biscuit  Chicken Tender Taco Chicken Tenders  Garden Salad Refried Beans Fresh Pineapple Cornbread	Chocolate Chip Waffle  Thai Chili Chicken Chicken Tenders  Garden Salad Stir Fried Vegetables Clementines Steamed Rice Vegetable Egg Roll	Seasonal Muffin  Chicken Nachos Chicken Tenders + Roll  Garden Salad Whole Kernel Corn Fresh Mixed Fruit Pumpkin Cookie	

\*Menus are subject to change without notice due to price and availability of food\*

This institution is an equal opportunity provider.