

OCTOBER 2024 ELEMENTARY MENU

***Daily Entrees: Peanut Butter and Jelly Uncrustables (Everyday)
OR Yogurt Plate (Mondays, Wednesdays, Fridays)
OR Anytimer (Tuesday and Thursdays)**

**Columbia Public Schools
is an Equal Opportunity
Employer and Provider**

Menus subject to change

30 Wild Mikes Cheese Bites OR Daily Entrées * Spaghetti Dipping Sauce, Seasoned Corn, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk	1 All White Chicken Tenders OR Daily Entrees* Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	2 NO SCHOOL Teacher Workday	3 NO SCHOOL Teacher Workday	4 NO SCHOOL Teacher Workday
7 Meat Lovers Stromboli (contains pork) OR Daily Entres* Seasoned Corn, Garden Bar with Baby Carrots, Four Fruit Cup, Fresh Fruit, Low Fat Milk	8 Popcorn Chicken Bowl OR Daily Entrees* Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	9 Chicken Patty Sandwich on WG Bun OR Daily Entrees * Baked Beans, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk	10 Pizza OR Daily Entrees* Steamed Broccoli, Garden Bar with Fresh Peppers, Blueberries, Fresh Fruit, Low Fat Milk	11 Hard- or Soft-Shelled Beef Taco OR Daily Entrées * Refried Beans, Garden Bar with Romaine Lettuce, Grape Tomatoes, WG Oatmeal Granola, Applesauce, Fresh Fruit Low Fat Milk
14 2-Chicken Sausage with Pancakes OR Daily Entrées* Hot Spiced Apples, Garden Bar with Baby Carrots, WG Oatmeal Granola, Cucumber, Peaches, Fresh Fruit, Low Fat Milk	15 All White Chicken Tenders OR Daily Entrees* Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	16 Beef Taco Tots OR Daily Entrées * Mexican Beans, Garden Bar with Grape Tomatoes, WG Oatmeal Granola, Applesauce, Fresh Fruit, Low Fat Milk	17 BBQ Chicken Teriyaki with Brown Rice* OR Daily Entres Steamed Broccoli, Garden Bar with Cucumber, Pineapple Tidbits, Fresh Fruit, Low Fat Milk	18 Turkey & Cheese Breadsticks OR Daily Entrees* Seasoned Green Beans, Garden Bar with Red or Orange Fresh Peppers, WG Oatmeal Granola, Mixed Fruit, Fresh Fruit, Low Fat Milk
21 Pizza Crunchers Spaghetti Dipping Sauce OR Daily Entrées* Seasoned Peas, Garden Bar with Baby Carrots, Applesauce, Fresh Fruit, Low Fat Milk	22 All White Chicken Tenders OR Daily Entrees* Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	23 Chicken Patty Sandwich on WG Bun* OR Daily Entrees Baked Beans, Garden Bar with Cucumber and Grape Tomatoes, Peaches, Fresh Fruit, Low Fat Milk	24 Turkey Frank on Bun OR Daily Entres* Seasoned Carrots, Garden Bar with Fresh Broccoli and Fresh Peppers, Mixed Fruit, Fresh Fruit, Low Fat Milk	25 Beef Chili Nachos with Cheese Sauce OR Daily Entrees* Texas Ranchero Beans, Garden Bar with Grape Tomatoes, Pears, Fresh Fruit, Low Fat Milk
28 Wild Mike's Cheese Bites OR Daily Entrees* Spaghetti Dipping Sauce, Seasoned Corn, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk	29 All White Chicken Tenders OR Daily Entrees* Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	30 BBQ Pork Rib on WG Bun OR Daily Entrees* Seasoned French Fries, Baked Beans, Garden Bar with Romaine Lettuce, Strawberries, Fresh Fruit, Low Fat Milk	31 Sweet & Sour Chicken with Brown Rice OR Daily Entres* Seasoned Carrots, Garden Bar with Fresh Broccoli, Mandarin Oranges, Fresh Fruit, Low Fat Milk	1 NO SCHOOL Teacher Workday

CPS Nutrition Services is HIRING!

Please join our team

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cpsk12.org/currentjobs



Allergen Advisory: We cannot guarantee that our food is free from any allergens because we use shared space and equipment.