


# Lunch



# October 2024

Offered Daily:  
 Seasonal Fresh Veggies  
 Seasonal Fresh Fruit & Juice  
 1% white, Skim chocolate milk and Skim Strawberry Milk, Skim Vanilla Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Main: Chicken Tenders <sup>1</sup> Option 1: Romaine Salad Option 2: 3 Cheese Sub Hot Veggie: Corn	Main: Cheeseburger <sup>2</sup> Option 1: Apple Slices Pack Option 2: Turkey and Cheese Sandwich Hot Veggie: Peas and Carrots	Main: French Toast Sticks w/ Sausage <sup>3</sup> Option 1: Popcorn Chicken Salad Option 2: Ham and Cheese Sandwich Hot Veggie: Hashbrown	Main: Plan and Pepperoni Pizza <sup>4</sup> Option 1: Ham and Pepperoni Salad Option 2: Pretzel Pack Hot Veggie: Side Salad
No School In Service Day <sup>7</sup>	Main: Nachos <sup>8</sup> Option 1: Baja Salad Option 2: MYO Flatbread Pizza Hot Veggie: Refried Beans	Main: Popcorn Chicken Bowl <sup>9</sup> Option 1: Turkey Chef Salad Option 2: Pretzel Pack Hot Veggie: Broccoli	Main: Chicken Nuggets w/ Breadstick <sup>10</sup> Option 1: Apple Slice pack Option 2: Cheese Sandwich Hot Veggie: Tater Tots	Main: Plan and Pepperoni Pizza <sup>11</sup> Option 1: Diced Chicken Salad Option 2: Ham and Cheese Sub Hot Veggie: Mixed Veggies
Main Cheeseburger <sup>14</sup> Option 1: Apple Slices Pack Option 2: Ham and Cheese sandwich Hot Veggie: Tater Tots	Main: Soft Tacos <sup>15</sup> Option 1: Diced Chicken Salad Option 2: Goldfish Pack Hot Veggie: Black Beans	Main pancake bites w/ cheesy scrambled eggs <sup>16</sup> Option 1: Ham and pepperoni Salad Option 2: Turkey and Cheese Sandwich Hot Fruit: Cinnamon Peach Slices	Main; Hot Dog <sup>17</sup> Option 1: Romaine Salad Option 2: MYO Pizza Bagel Hot Veggie: Crinkle Cut Fries	Main: Plan and Pepperoni Pizza <sup>18</sup> Option 1: Egg Chef Salad Option 2: 3 Cheese Sub Hot Veggie: Side Salad
Main Popcorn Chicken <sup>21</sup> Option 1: Ham Chef Salad Option 2: MYO Flatbread Pizza Hot Veggie: Tater Tots	Main Chicken Patty Sandwich <sup>22</sup> Option 1: Popcorn Chicken Salad Option 2: Bologna and Cheese Sandwich Hot Veggie: Waffle Fries	Main: Pasta w/ meatballs, Breadstick <sup>23</sup> Option 1: Egg Chef Salad Option 2: Pretzel Pack Hot Veggie: Baked Beans	Main Waffles w/ Sausage <sup>24</sup> Option 1: Romaine Salad Option 2: Ham and Cheese Sandwich Hot Veggie: Hashbrown	Main: Plan and Pepperoni Pizza <sup>25</sup> Option 1: Baja Salad Option 2: Turkey and Cheese Sub Hot Veggie: Side Salad
Main: Chicken Nuggets <sup>28</sup> Option 1: Romaine Salad Option 2: Ham and Cheese Sub Hot Veggie: Crinkle Cut Fries	Main: Walking Taco <sup>29</sup> Option 1: Baja Salad Option 2: Ham and Cheese Sub Hot Veggie: Pinto Beans	Main: Mini Corn Dog w/ Dinner Roll <sup>30</sup> Option 1: Ham Chef Salad Option 2: Pretzel Pack Hot Veggie: Broccoli	Main: Bacon Cheeseburger <sup>31</sup> Option 1: Turkey Chef Salad Option 2: MYO Pizza Bagel Hot Veggie: Mixed Veggie	

# Breakfast



# October 2024

Available Daily:  
 Cereals  
 Fruits-Assorted  
 Milk-White 1%, Skim Chocolate, Skim Vanilla, Skim Strawberry  
 Juices- Assorted

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><b>1</b> Sausage Breakfast Pizza</p> <p>Cinnamon Apple Muffin w/ String Cheese</p>	<p><b>2</b> Egg and Cheese Muffin</p> <p>Cinnamon Roll</p>	<p><b>3</b> Blueberry Muffin Top w/ String Cheese</p> <p>Chicken and a Biscuit</p>	<p><b>4</b> Mixed Berry Scone w/ String Cheese</p> <p>Bosco Stick</p>
<p><b>7</b> No School In-Service Day</p>	<p><b>8</b> Donut holes</p> <p>Egg and Cheese Bagel</p>	<p><b>9</b> Cinni Mini</p> <p>Sausage and Cheese Biscuit</p>	<p><b>10</b> Pancake Wrap</p> <p>Eggoji Waffle</p>	<p><b>11</b> Ham and Cheese Bagel</p> <p>Pancake Bites</p>
<p><b>14</b> Blueberry Muffin</p> <p>Egg and cheese muffin</p>	<p><b>15</b> Bacon Breakfast Pizza</p> <p>French Toast Sticks</p>	<p><b>16</b> Sausage and Cheese Muffin</p> <p>Cinnamon and Sugar Churro</p>	<p><b>17</b> Chocolate Crescent w/ Goldfish</p> <p>Egg and Cheese Biscuit</p>	<p><b>18</b> Sausage pancake Bites</p> <p>Cinnamon Breakfast Round</p>
<p><b>21</b> Chicken and Cheese on Muffin</p> <p>Grape Crescent</p>	<p><b>22</b> Bosco Stick</p> <p>Cinnamon Roll</p>	<p><b>23</b> Powdered Donuts</p> <p>Sausage and Cheese Bagel</p>	<p><b>24</b> Sausage Breakfast Pizza</p> <p>Cinnamon Roll</p>	<p><b>25</b> Cinnamon Scone</p> <p>Egg and Cheese Bagel</p>
<p><b>28</b> Banana Muffin</p> <p>Pancake Wrap</p>	<p><b>29</b> Egg and Cheese Muffin</p> <p>Eggoji Waffle</p>	<p><b>30</b> Chicken and a Biscuit</p> <p>Apple Frudel</p>	<p><b>31</b> Donut Holes</p> <p>Sausage and Cheese Muffin</p>	