

October 2024

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



ELEMENTARY SCHOOL BIC MENU



Monday

Tuesday

Wednesday

Thursday

Friday

7

Pancake Maple Mini
OR Muffin

DRUMSTICK & CORN MUFFIN
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Green Beans, Peaches & Milk

8

French Toast Sticks
OR Mini Bagel

CHILI W/ CHIPS & CHEESE
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato
Corn, Sliced Red Peppers,
Orange Slices & Milk

9

Breakfast Burrito
OR Banana Muffin

PIZZA
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE

Corn, Applesauce & Milk

10

Mini Waffles
OR Berry Apple Crisp Bar

CHICKEN POTATO BOWL
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH

Lettuce, Tomato, Pickle
Fresh Apple, Mixed Fruit, Roll
& Milk

11

Breakfast Pizza
OR Crumb Cake

CHEESE BURGER OR HAMBURGER
OR EZ JAMMER

Lettuce, Pickle, Tomato,
Chips, Pears & Milk

14

French Toast Sticks
OR Mini Bagel

POPCORN CHICKEN & WAFFLES
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Green Peas, Peaches, Syrup,
Cookie & Milk

15

Breakfast Burrito
OR Apple Oatmeal Bar

CHEESE STUFFED STICKS
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato
Broccoli, Pears, Marinara
Sauce, Cookie & Milk

16

Breakfast Pizza
OR Crumb Cake

RIB B Q BEEF SANDWICH
OR COCOA CBP SANDWICH

Chips, Ketchup, Mustard,
Mayo, Pears & Milk

17

**FALL BREAK
NO SCHOOL**

18

**FALL BREAK
NO SCHOOL**

21

**FALL BREAK
NO SCHOOL**

22

French Toast Mini Eggos
OR Crumb Cake

HOT DOG
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Broccoli, Peaches, Ketchup,
Mustard & Milk

23

Breakfast Pizza
OR Mini Bagel

HOT HAM & CHEESE CROISSANT
OR CORN MUFFIN BASKET
OR LUNCHABLE TURKEY & CHEESE

Sliced Red Peppers,
Applesauce & Milk

24

Breakfast Burrito
OR Apple Oatmeal Bar

FISH NUGGETS W/ ROLL
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH

Lettuce, Pickle, Tomato
Tartar Sauce, Corn, Pears,
Cookie & Milk

25

Muffin Assortment
OR Pop Tart
w/Cheese Stick

SPICY/REG CHICKEN SANDWICH
OR EZ JAMMER

Lettuce, Pickle, Tomato, Chips,
Mixed Fruit, Ketchup, Mayo,
Mustard & Milk

28

Pancake Maple Mini
OR Muffin

CHEESE STUFFED STICKS
OR MUFFIN BASKET
OR PIZZA LUNCHABLE

Marinara Sauce Cup,
Mixed Fruit & Milk

29

French Toast Sticks
OR Mini Bagel

CHILI W/ CHIPS, CHEESE & POTATO WEDGES
OR MUFFIN BASKET
OR TURKEY HAM SANDWICH

Lettuce, Pickle, Tomato,
Peaches & Milk

30

Breakfast Burrito
OR Banana muffin

CHICKEN NUGGETS & CORN MUFFIN
OR MUFFIN BASKET
OR TURKEY & CHEESE LUNCHABLE

Broccoli, Applesauce, Pears,
Chicken Dip Cup & Milk

31

Mini Waffles
OR Berry Apple Crisp Bar

ORANGE CHICKEN W/ RICE
OR NACHO CHEESE & CHIPS
OR TURKEY SANDWICH

Lettuce, Tomato, Pickle
Green Beans/Carrots,
Orange Slices & Milk

Did you know?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.

2024-2025 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast **Free**
Lunch **\$2.00**

ADULT MEALS & 2nd STUDENT MEALS

Breakfast **\$2.75**
Lunch **\$3.75**

This school participates in the BREAKFAST IN THE CLASSROOM PROGRAM. All students are eligible for FREE breakfast daily and will eat in their classrooms with their classmates at the beginning of the school day.

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

Salad bar is offered daily. Items may vary from site to site. See interactive menus on district website for additional nutritional information.
<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.