

Fremont District 79 - Grade 3-8

October, 2024 - Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ALTERNATE ENTREES Beef Hamburger Beef Hot Dog Turkey, Salami, Ham, Cheese, Or Sunbutter & Jelly Sandwich</p> <p>(V) Denotes Vegetarian Option</p>	<p>1</p> <p>Belgian Waffles w/Syrup (V) Pork Sausage Patty Smiley Fries Hash Browns Craisins Whole Apple</p>	<p>2</p> <p>Bacon-Tomato Grilled Cheese Grilled Cheese (V) Tomato Soup Green Beans Fresh Fruit Salad Whole Banana</p>	<p>3</p> <p>No School</p>	<p>4</p> <p>Cheese Pizza (V) Baked Tater Tots Baby Carrots w/Ranch Orange Wedges Diced Peaches</p>
<p>7</p> <p>Chicken Tenders Seasoned Mashed Potatoes w/Gravy Steamed Broccoli Whole Banana Applesauce</p>	<p>8</p> <p>French Toast Sticks w/Syrup (V) Pork Sausage Patty Hash Brown Patties Baked Tater Tots Fresh Fruit Salad Craisins</p>	<p>9</p> <p>Mini Corn Dogs Honey Glazed Carrots Edamame Salad Diced Peaches Whole Apple</p>	<p>10</p> <p>Beef & Cheese Nachos Mild Salsa Cilantro Lime Rice Fresh Watermelon Mandarin Oranges</p>	<p>11</p> <p>Cheese Pizza Bagels (V) Tater Tots Green Beans Applesauce Whole Pear</p>
<p>14</p> <p>No School</p> <p>Indigenous Peoples' Day</p>	<p>15</p> <p>Pancakes w/Syrup (V) Pork Sausage Patty Smiley Fries Hash Browns Whole Apple Orange Wedges</p>	<p>16</p> <p>Chicken Snacker Wrap Creamy Coleslaw French Fries Fresh Fruit Salad Diced Pears</p>	<p>17</p> <p>Frying up Flavor! Chicken Garlic Broccoli Stir-Fry Vegetable Spring Roll Seasoned White Rice Whole Apple Mandarin Oranges</p>	<p>18</p> <p>Cheese Pizza (V) Seasoned Green Beans Garden Salad w/Ranch or Italian Applesauce Craisins</p>
<p>21</p> <p>Chicken Nuggets Seasoned Mashed Potatoes w/Gravy Baby Carrots & Ranch Orange Wedges Whole Banana</p>	<p>22</p> <p>Belgian Waffles w/Syrup (V) Hash Brown Patties Hash Brown Potatoes Fresh Fruit Salad Applesauce</p>	<p>23</p> <p>Noodle on This! BLT Pasta w/Garlic Breadstick Seasoned Green Beans Sautéed Mushrooms Craisins Whole Apple</p>	<p>24</p> <p>Cheese Quesadilla (V) Tex-Mex Corn Cilantro Lime Rice Orange Wedges Applesauce</p>	<p>25</p> <p>Cheese Pizza (V) Honey Glazed Carrots Tater Tots Mandarin Oranges Fresh Fruit Salad</p>
<p>28</p> <p>Popcorn Chicken Creamy Coleslaw Peas & Carrots Applesauce Whole Banana</p>	<p>29</p> <p>French Toast Sticks w/Syrup (V) Pork Sausage Patty Hash Brown Patties Tater Tots Fresh Fruit Salad Craisins</p>	<p>30</p> <p>Meatballs & Gravy w/Egg Noodles Roasted Squash Seasoned Carrots Orange Wedges Diced Pears</p>	<p>31</p> <p>Beef & Cheese Tacos Tex-Mex Corn Spanish Rice Fresh Pineapples Whole Apple</p>	<p>*Menu subject to change</p> <p>To add funds to a student account go to: mymealtime.com</p>

Fremont Middle

October, 2024 - A La Carte Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Menu subject to change</p> <p>To add funds to a student account go to: MyMealtime.com</p>	<p>1</p> <p>Boneless Chicken Wings w/Sauce Trio</p>	<p>2</p> <p>Boneless Chicken Wings w/Sauce Trio</p>	<p>3</p> <p>No School</p>	<p>4</p> <p>Boneless Chicken Wings w/Sauce Trio</p>
<p>7</p> <p>National Pizza Month!</p> <p>Margherita Pizza (V)</p>	<p>8</p> <p>National Pizza Month!</p> <p>Margherita Pizza (V)</p>	<p>9</p> <p>National Pizza Month!</p> <p>Margherita Pizza (V)</p>	<p>10</p> <p>National Pizza Month!</p> <p>Margherita Pizza (V)</p>	<p>11</p> <p>National Pizza Month!</p> <p>Margherita Pizza (V)</p>
<p>14</p> <p>No School</p> <p>Indigenous Peoples' Day</p>	<p>15</p> <p>Pulled Pork Sandwich</p>	<p>16</p> <p>Pulled Pork Sandwich</p>	<p>17</p> <p>Pulled Pork Sandwich</p>	<p>18</p> <p>Pulled Pork Sandwich</p>
<p>21</p> <p>National Pizza Month!</p> <p>Hawaiian Pizza</p>	<p>22</p> <p>National Pizza Month!</p> <p>Hawaiian Pizza</p>	<p>23</p> <p>National Pizza Month!</p> <p>Hawaiian Pizza</p>	<p>24</p> <p>National Pizza Month!</p> <p>Hawaiian Pizza</p>	<p>25</p> <p>National Pizza Month!</p> <p>Hawaiian Pizza</p>
<p>28</p> <p>Turkey Pesto Panini</p> <p>Pumpkin Soup w/Cinnamon Croutons (V)</p>	<p>29</p> <p>Turkey Pesto Panini</p> <p>Pumpkin Soup w/Cinnamon Croutons (V)</p>	<p>30</p> <p>Turkey Pesto Panini</p> <p>Pumpkin Soup w/Cinnamon Croutons (V)</p>	<p>31</p> <p>Turkey Pesto Panini</p> <p>Pumpkin Soup w/Cinnamon Croutons (V)</p>	<p>(V) Denotes Vegetarian Option</p>