

# Fremont District 79 - Grade 3-8

## October, 2024 - Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>ALTERNATE ENTREES</b> Beef Hamburger Beef Hot Dog Turkey, Salami, Ham, Cheese, Or Sunbutter &amp; Jelly Sandwich</p> <p><b>(V) Denotes Vegetarian Option</b></p>	<p><b>Belgian Waffles w/Syrup (V)</b> Pork Sausage Patty Smiley Fries Hash Browns Craisins Whole Apple</p>	<p><b>Bacon-Tomato Grilled Cheese Grilled Cheese (V)</b> Tomato Soup Green Beans Fresh Fruit Salad Whole Banana</p>	<p><b>No School</b></p>	<p><b>Cheese Pizza (V)</b> Baked Tater Tots Baby Carrots w/Ranch Orange Wedges Diced Peaches</p>
<p><b>Chicken Tenders</b> Seasoned Mashed Potatoes w/Gravy Steamed Broccoli Whole Banana Applesauce</p>	<p><b>French Toast Sticks w/Syrup (V)</b> Pork Sausage Patty Hash Brown Patties Baked Tater Tots Fresh Fruit Salad Craisins</p>	<p><b>Mini Corn Dogs</b> Honey Glazed Carrots Edamame Salad Diced Peaches Whole Apple</p>	<p><b>Beef &amp; Cheese Nachos</b> Mild Salsa Cilantro Lime Rice Fresh Watermelon Mandarin Oranges</p>	<p><b>Cheese Pizza Bagels (V)</b> Tater Tots Green Beans Applesauce Whole Pear</p>
<p><b>No School</b></p> <p><b>Indigenous Peoples' Day</b></p>	<p><b>Pancakes w/Syrup (V)</b> Pork Sausage Patty Smiley Fries Hash Browns Whole Apple Orange Wedges</p>	<p><b>Chicken Snacker Wrap</b> Creamy Coleslaw French Fries Fresh Fruit Salad Diced Pears</p>	<p><b>Frying up Flavor! Chicken Garlic Broccoli Stir-Fry</b> Vegetable Spring Roll Seasoned White Rice Whole Apple Mandarin Oranges</p>	<p><b>Cheese Pizza (V)</b> Seasoned Green Beans Garden Salad w/Ranch or Italian Applesauce Craisins</p>
<p><b>Chicken Nuggets</b> Seasoned Mashed Potatoes w/Gravy Baby Carrots &amp; Ranch Orange Wedges Whole Banana</p>	<p><b>Belgian Waffles w/Syrup (V)</b> Hash Brown Patties Hash Brown Potatoes Fresh Fruit Salad Applesauce</p>	<p><b>Noodle on This! BLT Pasta w/Garlic Breadstick</b> Seasoned Green Beans Sauteed Mushrooms Craisins Whole Apple</p>	<p><b>Cheese Quesadilla (V)</b> Tex-Mex Corn Cilantro Lime Rice Orange Wedges Applesauce</p>	<p><b>Cheese Pizza (V)</b> Honey Glazed Carrots Tater Tots Mandarin Oranges Fresh Fruit Salad</p>
<p><b>Popcorn Chicken</b> Creamy Coleslaw Peas &amp; Carrots Applesauce Whole Banana</p>	<p><b>French Toast Sticks w/Syrup (V)</b> Pork Sausage Patty Hash Brown Patties Tater Tots Fresh Fruit Salad Craisins</p>	<p><b>Meatballs &amp; Gravy w/Egg Noodles</b> Roasted Squash Seasoned Carrots Orange Wedges Diced Pears</p>	<p><b>Beef &amp; Cheese Tacos</b> Tex-Mex Corn Spanish Rice Fresh Pineapples Whole Apple</p>	<p><b>*Menu subject to change</b></p> <p>To add funds to a student account go to: <a href="http://mymealtime.com">mymealtime.com</a></p>

# Fremont Intermediate

## October, 2024 - A La Carte Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(V) Denotes Vegetarian Option	1  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	2  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	3  No School	4  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)
7  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	8  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	9  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	10  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	11  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)
14  No School  Indigenous Peoples' Day	15  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	16  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	17  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	18  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)
21  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	22  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	23  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	24  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)	25  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)
28  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)  Pumpkin Soup w/Cinnamon Crouton	29  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)  Pumpkin Soup w/Cinnamon Crouton	30  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)  Pumpkin Soup w/Cinnamon Crouton	31  Cheeseburger Hamburger Fry Special of the Day  Two Bosco Cheese Sticks (V)  Pumpkin Soup w/Cinnamon Crouton	Menu Subject To Change  To add funds to student accounts go to:  <a href="http://MyMealtime.com">MyMealtime.com</a>