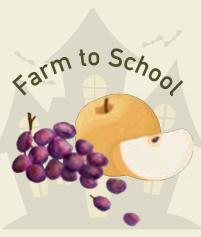
PAAL & Reid Menu

October 2024



ITEMS OF THE MONTH:

APPLE PEARS AND GRAPES

Kev



Vegetarian Entrees



All fruits, fresh vegetables, & cereals are vegan.

Contains Pork



New Item



MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more menu information.





OFFERED DAILY

BREAKFAST:

- Whole Grain Cereals
 Yogurt with Granola
- String Cheese
- 100% Fruit Juice V Low-Fat White Milk
- Nonfat Chocolate Milk

BREAKFAST

French Toast Sticks Yogurt with Granola 🚇 🏲

LUNCH

Corn Dog Quesadilla 🥎

BREAKFAST

Bagel w/Cream Cheese Yogurt with Granola 🧼 🤭

LUNCH

BREAKFAST

LUNCH

PB&J Sandwich W

BBQ Turkey Mac & Cheese Chicken Tamale w/Spicy Beans

Yogurt with Granola 👾 🔭

Kickin' Tenders w/Rolls

LUNCH

Thai Sweet Chili Chicken w/Rice W PB&I Sandwich W

Egg, Cheese, & Turkey Ham

Croissant Sandwich

Yogurt with Granola 👑 🛚

BREAKFAST

BREAKFAST

House-Baked Cinnamon Roll Yogurt with Granola 👑 7

LUNCH

Bean & Cheese Burrito Cheeseburger

BREAKFAST

Cinnamon Crumb Cake 🖼 Yogurt with Granola 🖗 🤭

LUNCH

BREAKFAST

Chili Cheese Nachos Chicken Drumstick & Waffle

Egg, Cheese, & Turkey Ham

Yogurt with Granola 🖗 🏲

Boneless Chicken Wings &

Croissant Sandwich

LUNCH

BREAKFAST

Cheese Pizza Spicy Chicken Sandwich

Cinnamon Waffle

Yogurt with Granola 🤎 🏲

10

BREAKFAST Mini Maple Pancakes Yogurt with Granola 11

18

25

LUNCH

Spicy Chicken Sandwich Pepperoni Pizza

NATIONAL SCHOOL LUNCH WEEK OCTOBER 14-18

BREAKFAST

Pizza Stick 🐃 Yogurt with Granola 🖗 🏲

LUNCH

Beef & Bean Burrito Orange Chicken w/Rice

4 BREAKFAST

Chicken Sliders

Breakfast Bites Yogurt with Granola 🥯 🤭

Hamburger

LUNCH

Macaroni & Cheese 🕮 🦰

Pan Dulce Concha

Yogurt with Granola 👑 🏲

15 BREAKFAST

Egg, Cheese, & Turkey Ham Croissant Sandwich Yogurt with Granola 🖳 🦰

LUNCH

Teriyaki Meatballs w/Rice Spicy Chicken Sandwich

BREAKFAST

LUNCH

Waffle

PB&J Sandwich V

Cinnamon Crumb Cake Yogurt with Granola 🕠 🤭

LUNCH

Chili Cheese Nachos Pancakes & Sausage 🦏 Farm to School Apple Pears

LUNCH

Muffin 7

BREAKFAST

Cheese Pizza Chicken Tenders w/Roll

Yogurt with Granola 🖓 🦰

BREAKFAST

LUNCH

French Toast Sticks V Yogurt with Granola 🖫 🏲

Boneless Chicken Wings

LUNCH

21 BREAKFAST

Chili Cheese Nachos Corn Dog Grilled Cheese Sandwich

BREAKFAST

House-Baked Cinnamon Roll Yogurt with Granola 🤎 🕇

LUNCH

Chicken Teriyaki w/Rice 🧼 Chickpea Butter & Jelly (CB&J) Sandwich

BREAKFAST

Egg, Cheese, & Turkey Sausage Breakfast Burrito W Yogurt with Granola 🖓 🏲 Yogurt with Granola 💯 🤭

LUNCH

Chicken Nuggets w/Roll Southwest Bean Burger W

2.4 BREAKFAST Blueberry Waffle

LUNCH

Spicy Chicken Sandwich Pepperoni Pizza

BREAKFAST

w/Cornbread 🤎

Breakfast Bar Yogurt with Granola 🔎 🦰

LUNCH

Bean Burrito V Kung Pao Chicken w/Rice

BREAKFAST

Bagel w/Cream Cheese Yogurt with Granola 🤎 🤭

LUNCH

BBQ Turkey Mac & Cheese Chicken Tamale w/Spicy Beans

BREAKFAST

29

Egg, Cheese, & Turkey Ham Croissant Sandwich Yogurt with Granola 🖗 🏲

LUNCH

Chili Cheese Nachos PB&J Sandwich W

BREAKFAST

Cinnamon Crumb Cake Yogurt with Granola 🤎

LUNCH

30

Cheese Pizza Chicken Drumstick & Waffle Farm to School Grapes

OFFERED DAILY

LUNCH:

- Fruits & Vegetables
- Salads 🛺
- Sandwiches W
- Yogurt with Granola ??
- 100% Fruit Juice W Low-Fat White Milk
- Nonfat Chocolate Milk