

October

2024

The Haverford School

MS & US Lunch Menu



Daily Offerings

- Hot Breakfast 7:30am-9am
- Fish of the Day
- Salad & Deli Station
- Assorted Desserts

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Blackjack Chicken Bratwurst & Sauerkraut Vegan Blackjack Chicken Kaesespaetzle String Beans	Risotto Bar BBQ Pork Sandwich Vegan Chicken Risotto Bar Tater Tots Roasted Broccoli	Rosh Hashanah	Tacos Sweet & Sour Chicken Veggie Tacos Steamed Rice Vegetable Medley
7	8	9	10	11
Chicken Po Boy Beef Pot Roast Vegan Chicken Po Boy Mashed Potatoes Roasted Carrots	Burritos Teriyaki Chicken Thighs Black Bean Burrito Steamed Rice Mixed Vegetables	Carved Turkey Cuban Mojo Chicken Snd Stuffed Pepper Stuffing/Mashed Potato Brussel Sprouts	Bao Buns Chicken Fingers Quiche French Fries Asparagus	Pizza Asst. Boneless Wings Veggie Pizza Vegetable Medley
14	15	16	17	18
Fall Weekend	Grilled Chicken Caesar Wrap Burgers Vegan Chicken Caesar Wrap Tater Tots String Beans	Street Tacos BBQ Chicken Veggie Tacos Mashed Potatoes Seasoned Corn	Pasta Bowl General Tso's Chicken Cauliflower General Tso's Steamed Rice Broccoli	Gyros Meatball Subs Vegan Meatball Sub French Fries Vegetable Medley
21	22	23	24	25
California Salad Stuffed Shells / Sausage Vegan California Salad Garlic Sticks Sautéed Zucchini	Asian Rice Bowl Rosemary Garlic Chicken Tofu Rice Bowl Steamed Rice Roasted Cauliflower	Deli Wraps BBQ Beef Brisket Penne Primavera French Fries Asparagus	Pizza Asst. Boneless Wings Veggie Pizza Vegetable Medley	Conference Day
28	29	30	31	

SW Steak Wrap Chicken Fingers Vegan Chicken Fingers Tater Tots Broccoli	Mediterranean Bowl Raviolis / Meatballs Hummus Bowl Garlic Bread Sautéed Squash	Nachos Grilled Chipotle Chicken Veggie Nachos Steamed Rice Seasoned Corn	Cheesesteaks Apple Cider Chicken Pumpkin Ravioli Mashed Sweet Potatoes Roasted Brussel Sprouts	
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