

LISA FROST MEMORIAL FOOD DRIVE

St. John's Episcopal School introduced our first annual Lisa Frost Memorial Food Drive in honor of our dear Cardinal alumni, Lisa Frost, who lost her life during the attacks on 9/11. The week was filled with giving back and teaching our students the importance of service. Our entire school collected food that was donated to the Solano Food Bank where Lisa Frost volunteered. Half of the Student Council delivered the donations we collected during our food drive. Students were able to see the room dedicated to Lisa Frost where all the food donations are stored. Below are some of the reflections and thoughts from the Student Council from their experience that day. – Ms. Dyquiangco



What our students have to say about the experience:

"The can food drive made me feel good about myself. It made me realize how lucky I am. I am so grateful for everything I have. The food drive made me realize how our dear Cardinal Lisa Frost felt about service learning. It is important to give back always. She was a great role model, and I hope to be the same great example to others as she was for all of us. I love helping others because it doesn't just bring joy to them, it brings joy to me too."

–Ava Born, 8th Grade

What our students have to say about the experience:

"The experience of going to the Solano Church was great because we were able to donate more food for people who may need the help. The volunteers at the food bank were so kind, and the carts helped us make it easier to unload. We also got to see all the food that was already donated, which made us more grateful for the things we have."

-Eric Jin, 8th Grade



"I loved the canned food drive, I really liked helping with the Lisa Frost Can Food Drive, and the whole experience was amazing. You can tell all the volunteers love what they do and helping them, even for just a short period of time was a great experience. Also, the Lisa Frost's drawing was really cool to see in person."

-Yuka Sun, 8th Grade

"One way to describe my experience today is helpful. I felt good taking all the food to the food bank because I knew it would go to people less fortunate and people who can't get food. It felt awesome knowing that."

-Ryan Meisenzahl, 8th Grade

"The experience of going to Solano Church was changing my perspective of food drives. The people there were so kind and made it easy for us to unload. We also saw the Lisa Frost memorial and the food storage rooms with massive refrigerators. This made me appreciate all the people who donated and all the Solano Church members."

-Cooper Crandall, 8th Grade

"When I went to Santa Margarita Catholic High-school to drop off food for the Lisa Frost Food Drive, I felt great about what our school did. Loading all the food that we collected and knowing it is going to people who need help made me feel amazing. Also, the Student Council was able to see where they stored the food, and it was awesome to see their system and how much food was there. It felt good knowing that all the food is going to a right place and the right reason." *-Samantha Stewart 8th Grade*