



EAST LYME PUBLIC SCHOOLS

P.O. Box 220 • East Lyme, Connecticut 06333 • (860) 739-3966 • Fax (860) 739-1215

Jeffrey R. Newton
Superintendent of Schools

Annaliese Spaziano
Assistant Superintendent of
Curriculum, Instruction and Assessment

Kimberly Davis
Director of
Student Services

Maryanna Stevens, CPA
Director of Finance, Marketing,
and Growth Management

PARENT/GUARDIAN AUTHORIZATION FOR SCHOOL TO ADMINISTER ACETAMINOPHEN AND IBUPROFEN FOR 2024-2025 SCHOOL YEAR FOR USE IN MIDDLE AND HIGH SCHOOLS ONLY

Connecticut state laws and regulations permit boards of education and schools to accept requests from parents/guardians to give acetaminophen and ibuprofen to students. In such cases, the order of a licensed physician is not required. **School RN must keep record of assessment and administration.**

INFORMATION PROVIDED BY PARENT/GUARDIAN:

Name of Student: _____ Date of Request: _____

Address: _____ Date of Birth: _____

Telephone: _____

Reason medication may be given: simple headache, menstrual discomfort, dental/orthodontic pain, or minor joint/muscle pain ****STUDENTS WITH FEVER WILL BE EXCLUDED****

DOSAGE AND FREQUENCY OF ADMINISTRATION:

Ibuprofen 200 mg, one to two tablets by mouth if needed, not to exceed three doses within 30 days.
(1 tab if 50 to 64 lbs; 1½ tabs if 65 to 89 lbs; 2 tabs if 90 > lbs.)

OR


Acetaminophen 325 mg, one or two tablets by mouth if needed, not to exceed three doses within 30 days.
(1 tab if 50 to 74 lbs; 1 ½ tabs if 75 to 89 lbs; 2 tabs if 90 > lbs.)

I hereby request that the medications listed above be administered to my child by school registered nurse and in accordance with state regulations. I have instructed my child to report to school personnel and myself if the medication does not appear to be effective.

Parent/Guardian Name _____

Relation to Child _____

Signature _____ Date _____



Vijay K. Sikand, MD Medical Advisor

7/1/2024
Date

East Lyme Public Schools will inspire, engage and educate each student to become a contributing citizen and a responsible, independent, and critical thinker.