

# October 2024 |

# Pre-K Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
1% White Milk offered daily.  Student Breakfast: \$1.50 Adult Breakfast: \$3.10	<b>1</b>  Whole Grain Cereal 100% fruit juice Low-Fat White Milk	<b>2</b>  New Egg & Cheese Hashbrown Fresh Fruit Low-Fat White Milk	<b>3</b>  Mini-Waffle 100% fruit juice Low-Fat White Milk	<b>4</b>  Whole Grain Cereal Chilled Fruit Low-Fat White Milk
<b>7</b>  New Mini-Pancakes 100% fruit juice Low-Fat White Milk	<b>8</b>  Whole Grain Cereal 100% fruit juice Low-Fat White Milk	<b>9</b>  New Egg & Cheese Hashbrown Fresh Fruit Low-Fat White Milk	<b>10</b>  Staff Development / Student Holiday	<b>11</b>  Staff Development / Student Holiday
<b>14</b>  Staff Development / Student Holiday	<b>15</b>  Whole Grain Cereal 100% fruit juice Low-Fat White Milk	<b>16</b>  New Egg & Cheese Hashbrown Fresh Fruit Low-Fat White Milk	<b>17</b>  Mini-Waffle 100% fruit juice Low-Fat White Milk	<b>18</b>  Whole Grain Cereal Chilled Fruit Low-Fat White Milk
<b>21</b>  New Mini-Pancakes 100% fruit juice Low-Fat White Milk	<b>22</b>  Whole Grain Cereal 100% fruit juice Low-Fat White Milk	<b>23</b>  New Egg & Cheese Hashbrown Fresh Fruit Low-Fat White Milk	<b>24</b>  Mini-Waffle 100% fruit juice Low-Fat White Milk	<b>25</b>  Whole Grain Cereal Chilled Fruit Low-Fat White Milk
<b>28</b>  New Mini-Pancakes 100% fruit juice Low-Fat White Milk	<b>29</b>  Whole Grain Cereal 100% fruit juice Low-Fat White Milk	<b>30</b>  New Egg & Cheese Hashbrown Fresh Fruit Low-Fat White Milk	<b>31</b>  Mini-Waffle 100% fruit juice Low-Fat White Milk	 <b>Apples</b> <b>Season in Texas: July-November</b> <b>Did you know?</b> There are about 2,500 different kinds of apples grown in the United States 

## Announcements:

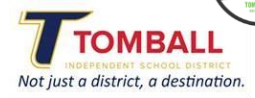
Our unit priced breakfast consists of 3 food components placed on the student's tray

Required Daily Breakfast Food Components:  
Whole Grain  
Fruit  
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at [www.schoolcafe.com](http://www.schoolcafe.com)

Households must reapply every year to maintain free or reduced price meals if eligible

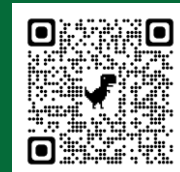


Menus are Subject to Change

Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 6/6/2024  
National School Lunch Program

# October 2024 | Pre-K Lunch



## Announcements:

Our unit priced lunch consists of all 5 food components placed on the student's tray

Food Components:  
Meat/Meat Alternate  
Whole Grain  
Fruits, Vegetables  
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at [www.schoolcafe.com](http://www.schoolcafe.com)

Households must reapply every year to maintain free or reduced price meals if eligible



**TOMBALL**  
INDEPENDENT SCHOOL DISTRICT  
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
1% White offered daily.  Student Lunch: \$2.50 Adult Breakfast: \$4.60	<b>1</b> <b>New</b> Bean & Cheese Pupusa Vegetables, Fruits Milk	<b>2</b> Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	<b>3</b> <b>New</b> 6 Inch Round Pizza Vegetables, Fruits Milk	<b>4</b> Chicken Sandwich Vegetables, Fruits Milk
<b>7</b> Breakfast for Lunch! French Toast, Sausage & Scrambled Eggs Hash Browns, Fruit Milk	<b>8</b> Soft Taco Vegetables, Fruits Milk	<b>9</b> Chicken Nuggets Vegetables, Fruits Breadstick & Milk	<b>10</b> Staff Development / Student Holiday	<b>11</b> Staff Development / Student Holiday
<b>14</b> Staff Development / Student Holiday	<b>15</b> <b>New</b> Bean & Cheese Pupusa Vegetables, Fruits Milk	<b>16</b> Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	<b>17</b> <b>New</b> 6 Inch Round Pizza Vegetables, Fruits Milk	<b>18</b> Chicken Sandwich Vegetables, Fruits Milk
<b>21</b> Breakfast for Lunch! French Toast, Sausage & Scrambled Eggs Hash Browns, Fruit Milk	<b>22</b> Soft Taco Vegetables, Fruits Milk	<b>23</b> Chicken Nuggets Vegetables, Fruits Breadstick & Milk	<b>24</b> Fish Sticks Vegetables, Fruits Milk	<b>25</b> Cheeseburger Vegetables, Fruits Milk
<b>28</b> Cheese Stuffed Breadstick Vegetables, Fruits Milk	<b>29</b> <b>New</b> Bean & Cheese Pupusa Vegetables, Fruits Milk	<b>30</b> Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	<b>31</b> <b>New</b> 6 Inch Round Pizza Vegetables, Fruits Milk	 <b>Apples</b> <b>Season in Texas: July-November</b> <b>Did you know?</b> There are about 2,500 different kinds of apples grown in the United States 

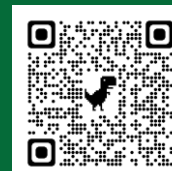


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