

FITNESS CLUB

Tuesday, October 1; Wednesday, October 2; Tuesday, October 8;
Wednesday, October 9

Tuesday, October 15; Wednesday, October 16; Tuesday, October 22;
Wednesday, October 23; Tuesday, October 29; Wednesday,
October 30

- Learn about proper running and fitness styles
- Learn about living a fit and active lifestyle
- Friendly Competition with Classmates
- Participate with some of your Favorite Teachers
- But Most Importantly.... Have FUN!!!

