



# High School BREAKFAST MENU

## October 2024

### Available Daily:

- Assorted Fresh Fruit
- Chilled Canned Fruit and/or 100% Fruit Juice
- Whole Grain Toast
- Assorted Whole Grain Cereals
- Ice Cold NY State Milk
- NY State Apples

### Important Information:

If your child has a food allergy, please notify both the school nurse and the food service department.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1 Chewy Bagel Sticks Assorted Fresh Fruit	2 Mini Waffles Assorted Fresh Fruit	3 Mini Pancakes Assorted Fresh Fruit	4 Mini Cinnamon Bun Assorted Fresh Fruit
7 WG Bagel w/ Cream Cheese Assorted Fruit Cup	8 Homemade Smoothie w/ WG Toast Assorted Fresh Fruit	9 WG French Toast Sticks Assorted Fresh Fruit	10 Mini Pancakes Assorted Fresh Fruit	11 <b>No School!</b>
14 <b>No School!</b>	15 Apple Frudel Assorted Fruit Cup	16 Mini Waffles Assorted Fresh Fruit	17 Mini Pancakes Assorted Fresh Fruit	18 Homemade Muffins Assorted Fresh Fruit
21 WG Bagel w/ Cream Cheese Assorted Fruit Cup	22 Homemade Smoothie w/ WG Toast Assorted Fresh Fruit	23 WG French Toast Sticks Assorted Fresh Fruit	24 Mini Pancakes Assorted Fresh Fruit	25 Egg & Cheese McMuffin Assorted Fresh Fruit
28 Apple Frudel Assorted Fruit Cup	29 Chewy Bagel Sticks Assorted Fresh Fruit	30 Mini Waffles Assorted Fresh Fruit	31 Mini Pancakes Assorted Fresh Fruit 	

MENU IS SUBJECT TO CHANGE

PAY FOR MEALS ONLINE  
MySchoolBucks.com

MY  
SCHOOL  
BUCKS





# High School LUNCH MENU

## October 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

- Available Daily:**
- Assorted Fresh Sandwiches & Subs
  - Fresh Salad Bar Entrée Option
  - Assorted Fresh and/or Chilled Canned Fruit
  - Ice Cold NY State Milk
  - NY State Apples

**Important Information:**

If your child has a food allergy, please contact both the school nurse and the food service department.

1

**They're Back!!!!** 😊 1

Warm Bosco Sticks  
w/Dipping Sauce  
Broccoli Florets

2

Piping Hot Pizza  
Fresh Garden Salad

**"Build Your Own" 3**

BBQ or Buffalo  
Chicken Wraps w/  
w/ Lettuce, Tomato &  
Cheese Cups

4

**"Dip-N-Sip"**  
(Grilled Cheese &  
Tomato Soup)  
Green Beans

7

Breaded Chicken Fillet  
on a Bun  
Carrot Coins

8

Macho Nachos  
Whole Kernel Corn

9

Piping Hot Pizza  
Fresh Garden Salad  
**"Birthday Bash Cake"**

10

Orange Chicken  
Rice Bowl  
w/ Broccoli Florets  
**Big Apple Crunch!**



11

**No School!**

14

**No School!**

15

Chicken Nuggets  
Buttered Rotini  
Green Beans

16

Piping Hot Pizza  
Fresh Garden Salad

17

The "Mighty" Meatball  
Sub  
Broccoli Florets

18

Pizza Crunchers  
Green Beans  
Pudding Parfaits

21

Chicken Smackers  
Steamed Rice  
Sweet Peas

22

Hamburger or  
Cheeseburger Deluxe  
on a Bun  
Toasty Tarter Tots

23

Piping Hot Pizza  
Fresh Garden Salad

24

Homemade  
Macaroni & Cheese  
Broccoli Florets

25

**"Build Your Own"**  
Whitesboro Sub  
w/ Potato Chips

28

Breaded Chicken Fillet  
on a Bun  
Carrot Coins

**Taco Tuesday!** 29

**"Build Your Own"**  
Beef Tacos  
Whole Kernel Corn

30

Piping Hot Pizza  
Fresh Garden Salad

31

Homemade  
Chicken Riggies  
Garlic Bread Knots  
Fresh Garden Salad



31



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