

## Olweus Bullying Prevention Program

A School-wide, Classroom, Individual, and Community Effort to Stop the Bullying Epidemic

## Bullying...



- is when someone says or does mean, hurtful things again and again to another person who has a hard time defending oneself.
- A <u>student is being bullied</u> when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more students.

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WHAT?

BULLYING

#### WHO?

Who is a bully?
How do we teach the bully empathy and appropriate social skills?
Who is a victim?
How do we support the victim?

WHY?

HOW?

Bullying can be physical, verbal, nonverbal (looks, body language) and exclusion.

#### WHEN?

Our students' survey report that the bus is a hot spot. We also recognize that recess is a time when kids need more supervision.

#### WHERE?

School bus, playground, lunch room. We recognize that when children lack supervision, our staff must help.

Rough Play is	Real Fighting is	Bullying is
Usually friends; often repeated (same players)	Usually not friends; typically not repeated	Typically not friends; generally repeated
Balance of power	Power relatively equal	Unequal power
No intent to harm	Intentional harm doing	Intentional harm doing
Affect is friendly; positive; mutual	Affect negative; aggressive, tense, hostile	Affect negative; aggressive & differs for victim-aggressor

# Why Focus on Bully/Victim Problems

- Because of:
  - Short and long term effects on victims
    - Lower self-esteem, depression, illness, absenteeism, suicidal ideation
  - Concern about students who bully
  - Impact on bystanders
  - School social climate
  - Legal concerns



### Bullies

- Children who bully are more likely to...
  - Get into frequent fights (more positive attitudes toward violence & quick tempers)
  - Get injured in fights
  - Steal, vandalize property
  - Drink alcohol, smoke
  - Be truant, drop out of school
  - Have poorer academic achievement
  - Not like school (have difficulty conforming to rules)
  - Carry a weapon
  - Be aggressive to adults
  - Appear tough, show little compassion for victims...

# Overview of WCES School-Wide Elements





- 1. Bullying Prevention Committee
- 2. Train committee and all school personnel
- 3. Administer bully/victim questionnaire
- 4. Post school rules against bullying



- 5. Increase supervision
- 6. Use consistent positive and negative consequences
- 7. Hold staff discussion groups
- 8. Involve parents
- 9. Hold school-wide "Kick-Off"
- 10. Classroom Meetings



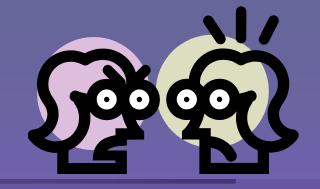


### School Rules Against Bullying



- 1. We will not bully others.
- 2. We will try to help students who are bullied.
- 3. We will include students who are left out.
- 4. When we know somebody is being bullied, we will tell and adult at school and an adult at home.

### What to Do...



 I <u>saw</u> you <u>(name the behavior)</u> that was bullying.

#### OR

 I <u>heard</u> you say some hurtful words that was bullying.

You broke a school rule, and that was not a good choice.

# When you see bullying happen:

- 1. Stop the bullying
- 2. Support the student who has been bullied.
- 3. To the student(s) who bullied:
  Name the bullying behavior and refer to
  School Rules against Bullying.
- 4. Impose immediate and appropriate consequences for the student who bullied.
- 5. Take steps to make sure the student who was bullied will be protected from future bullying.

# **Summary**Questions and Concerns?



- We all need to be a part of this philosophy.
- The message to our children should clearly express that Central Greene School District will not tolerate bullying behavior.
- With full participation, we will make a difference in a child's life.