

Monday



Tuesday

Wednesday

Thursday

Friday

Cherry Blossom Chicken 1

Whole Grain Breaded chicken nuggets
With a sweet n sour cherry sauce
Green Beans
Dinner Roll
Choice of Fruit
Choice of Milk

French Bread Pizza 2

Whole Grain Pizza Dough sauce with low fat cheese
Garden Salad
Choice of Fruit
Choice of Milk

No School

Lasagna Roll Ups 4

Cheese Lasagna rolled up served with Peas
Dinner Roll
Choice of Fruit

Chicken Alfredo 7

Grilled chicken served with whole grain pasta coated with alfredo sauce
Steamed Broccoli
Whole Grain Garlic Breadstick
Choice of Fruit
Choice of Milk

Cheeseburger 8

Served on a whole grain bun
French Fries
Green Beans
Choice of Fruit
Choice of Milk

Ernie's Pizza 9

Quinoa Salad
Carrot Sticks
Choice of Fruit
Choice of Milk

Brunch for Lunch 10

Waffle Bites
Potato Smiles
Sausage
Choice of Fruit
Choice of Milk

Meatball Sub 11

Meatballs served on a whole grain roll with sauce and cheese.
Garden Salad
Choice of Fruit
Choice of Milk

No School

Bruch for Lunch 15

Whole Grain Pancakes
Sausage
Hash brown
Choice of Fruit
Choice of Milk

Chicken Nuggets 16

Whole grain chicken nuggets
Served with choice of dipping sauce
Dinner Roll
Peas
Choice of Fruit
Choice of Milk

Mozzarella Sticks 17

Whole grain breaded mozzarella sticks served with dipping sauce
Garden Salad
Garlic Breadstick
Choice of Fruit
Choice of Milk

Hot Dog on a whole grain bun 18

Baked Beans
Choice of Fruit
Choice of Milk
Cookie Day

National School Lunch Week

Classic Chicken Sandwich 21

Wholegrain breaded chicken patty on a whole grain bun with a side of pickles
Sweet Potato Fries
Choice of Fruit
Choice of Milk

Loaded Nachos 22

Seasoned chicken on top of whole grain chips
Served with sour cream, olives, shredded lettuce and shredded cheese
Choice of Fruit
Choice of Milk

Ernie's Pizza 23

Quinoa Salad
Choice of Fruit
Choice of Milk

Popcorn Chicken Bowl 24

Whole grain breaded popcorn chicken
Served over mashed potatoes
And corn topped with gravy
Dinner Roll
Choice of Fruit
Choice of Milk

Bruch For Lunch 25

Whole Grain Waffle Bites
Sausage Link
Potato Smiles
Choice of Fruit
Choice of Milk

Chicken Nuggets 28

Whole grain chicken nuggets
Served with choice of dipping sauce
Dinner Roll
Green Beans
Choice of Fruit
Choice of Milk

Brunch for Lunch 29

Waffle Bites
Hash brown
Sausage
Choice of Fruit
Choice of Milk

Cheeseburger 30

Burger Patty topped with cheese served on a whole grain bun
Choice of lettuce, tomatoes and pickles
French Fries
Choice of Fruit
Choice of Milk

Hot Dog 31

All beef hot dog on a whole grain bun
Baked Beans
Choice of Fruit
Choice of Milk



Milk is offered with all meals choice of Fat Free Chocolate, 1% white, fat free white or Lactaid Free
Available every day Rainbow Veggie Tray may include: Broccoli, Baby Carrots, Celery, Cucumbers, Tomatoes, Peppers, Bean Salad, Black Beans and Chickpeas
Three ways to pay: send in cash or check in a labeled envelope or visit mypaymentsplus.com to add money or track your account.

Ala Carte Snack Items are available daily snacks price range \$.60 - \$1.75 including, milk, assorted chips and Ice Cream

For menu questions please contact Jessica Hill jhill@woodbridgeps.org