

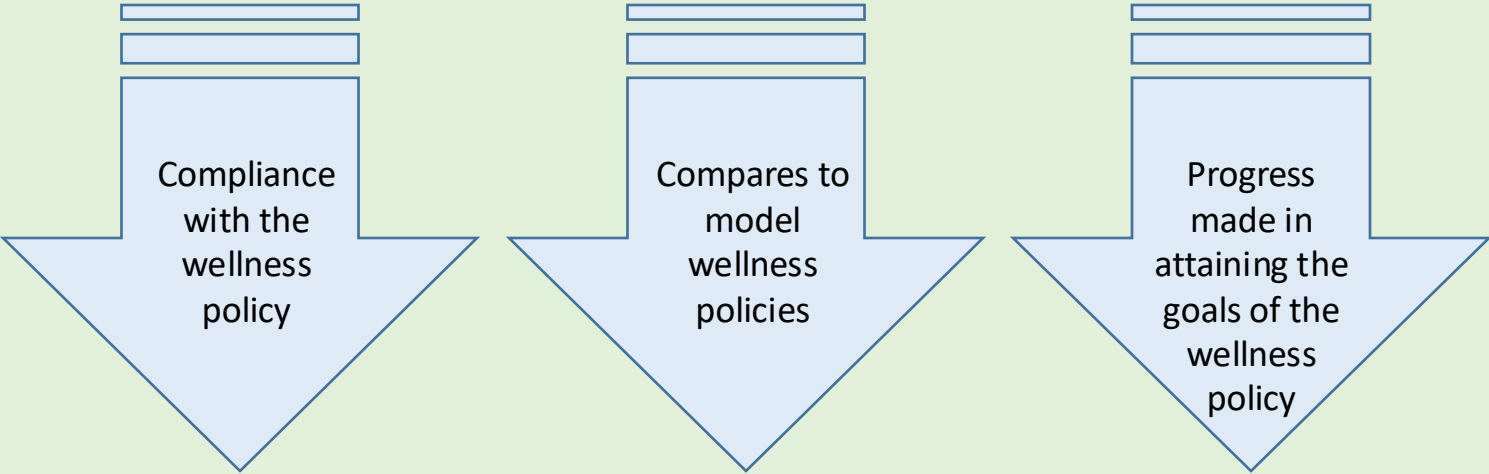
Health & Wellness Policy Triennial Assessment 22-23

Content of the Wellness Policy

- **Specific goals** for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness
- **Standards and nutrition guidelines for all foods and beverages sold to students** on the school campus during the school day (meal pattern, Smart Snacks, Arkansas Nutrition Standards)
- **Standards for all foods and beverages provided to students** during the school day
- **Policies for food and beverage marketing**
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Attestation in Child Nutrition Agreement and monitored during Administrative Review

Triennial Assessment



Complete Wellness Committee Checklist Part 1 to assess implementation and compliance

Reviewed and completed on Jan. 15, 2023

Complete Wellness Committee Checklist Part 2 and update policy as needed

Policy updated & Board Approved April 2023

School Improvement Plans with required goals, BMI data, and School Health Index modules

Plans submitted by Oct. 1 annually