





2024 Springfield Township Schools Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Meal Prices: \$2.10 Student Breakfast \$3.50 Adult Breakfast \$3.35 Student Lunch \$4.50 Adult Lunch		1 Crispy Chicken Nuggets Fluffy Mashed Potatoes Emerald Sweet Peas Chilled Peach Cup Baby Carrots w/Dip	2 Cheesesteak Sandwich French Fries Tender Corn Chilled Mixed Fruit Cup	3 Spaghetti w/Meatballs Dinner Roll w/Butter Seasoned Green Beans Chilled Fruit Cup Jello w/Topping	4 Personal Pan Pizza Garden Tossed Salad Chilled Fruit Cup	Cal 536 T.Fat 16.73 G S.Fat 6.1 G Chol 38.1 Mg Sodm 838.06 Mg
		7 Mini Pancakes Sausage Patty Tasty Tater Tots Warm Cinnamon Apples	8 Creamy Mac & Cheese Dinner Roll w/Butter Seasoned Mixed Vegetables Jello w/Topping Chilled Fruit Cup	9 Turkey Club Sandwich Chips Vegetarian Baked Beans Chilled Fruit Cup Creamy Pudding w/Topping	10 Nachos w/ Beef & Cheese Lettuce & Tomato Cup Refried Beans Tender Corn Chilled Fruit Cup Churro	11 French Bread Pizza Garden Tossed Salad Chilled Fruit Cup
Daily Alternates PB&J Sandwich Salad Platter Hot Dog	14 No School Today	15 Corn Dog Bites Tasty Tater Tots Vegetarian Baked Beans Applesauce	16 Chicken Patty Sandwich Sweet Potato Fries Tender Corn Chilled Fruit Cup	17 Turky Hoagie Pasta Salad Chilled Fruit Cup	18 Cheesy Pizza Garden Tossed Salad Chilled Fruit Cup	Cal 348 T.Fat 11.34 G S.Fat 3.2 G Chol 20.6 Mg Sodm 616.15 Mg
		21 French Toast Sticks Sausage Patty Tasty Tater Tots Chilled Orange Juice	22 Chicken Tenders Dinner Roll w/Butter Seasoned Green Beans Chilled Fruit Cup	23 Meatball Sandwich French Fries Seasoned Green Beans Chilled Fruit Cup	24 Tangerine Chicken Fluffy Rice Cooked Carrots Steamed Broccoli Chilled Pineapple Cup Fortune Cookie	25 Cheesy Pizza Garden Tossed Salad Chilled Fruit Cup
Grab & Go cereal breakfast kits with milk available daily	28 Cheeseburger Confetti Fries Vegetarian Baked Beans Chilled Fruit Cup	29 Chicken Parmesan Sandwich Buttered Pasta Seasoned Mixed Vegetables Chilled Fruit Cup	30 Grilled Cheese Tomato Soup Goldfish Crackers Chilled Fruit Cup	31 Monster Meatball Sandwich Frankenstein's French Fries Spooky Seasoned Green Beans Halloween Sugar Cookie		Cal 407 T.Fat 11.12 G S.Fat 3.9 G Chol 26.4 Mg Sodm 655.07 Mg
						

DAILY OFFERINGS: 1% White or Fat Free Flavored Milk, Fresh veggies w/dip, chilled and fresh fruit are all offered daily and included with the price of lunch. Juice or water may be purchased separately.

NOTICE: Many of our menu items may contain the following allergens: Milk, Dairy, Eggs, Soy and Wheat. Menus are subject to change. We do our best to offer the daily menu posted. Last minute changes will be announced. This may affect nutritional information for that day.