

# January 2025 Breakfast



## Weekly Breakfast Menu:

Monday Tuesday Wednesday Thursday Friday

Muffin(WG) or Cereal  
Side of Fresh Fruit

French Toast (WG) Or  
Cereal Side of Fresh Fruit  
Cinnamon Roll(WG) or

PopTarts with Gogurts  
Side of Fresh Fruit  
Blueberry Waffles or

Fruit Parfait  
Side of Fruit Or  
Cereal

Pan Dulce or Doughnut  
  
(WG)  
Side of fruit

Miffin (WG) o Cereal Con fruta fresca	Pan Frances (WG) o Cereal con fruta fresca,	Rollo de canela (WG) O Pop Tarts con gogurt y fruta fresca	Waffles de Arándanos O Parfait de frutas y Fruta fresca	Pan Dulce O Donas (GT) Y Fruta Fresca
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Seasonal Fruit

Variety of  
Vegetables/  
Local Produce

Fat Free or 1% Milk

Menu Subject to Change Without

Notice  
This Institution is an Equal Opportunity  
Provider & Employer

