



Mount Saint Joseph Academy
Acute Concussion Evaluation Plan
To be completed by Concussion-Trained Medical Professional

Student Name: _____
DOB: _____
Date: _____
Date of Injury: _____
Cause of Injury: _____
Initial Visit: _____ Follow Up Visit: _____

Returning to School

Per school protocol, for 24-48 hours post injury, the student will remain at home to allow for complete cognitive rest. The student may return to school on _____. This is a return to school *listening day* during which the student is to be present and meet with counselor and nurse to create plans.

Per school protocol, student is not to drive to school for the first week post-injury.
Student may drive to school beginning _____.

Return to Academics / Learning

Please mark all that apply:

- Student will take scheduled cognitive breaks every class in the nurse's office of the counseling office.
- Student may start academics / learning, taking in-class breaks if symptoms increase by 2pts on a 10pt scale.
- Student may not take any tests for the first week post injury.
- Student may start testing with a limit of one test per day if they feel prepared and symptoms allow.
- Student may start testing with the school limit two tests per day and may participate in final exams and standardized tests.
- Student will have a one week extension on school work.
- Student will be provided pre-printed notes.
- Student is cleared to return to full academics.
- Additional Individual recommendations for student:

Returning to Extracurriculars

Student participation in Mount Saint Joseph Academy activities will be determined by the Dean of Studies and the Deal of Student Life. This will depend on symptoms, the activities, satisfactory course completion, and the opinion of a Concussion-Trained Medical Professional.

___ It is this medical professional's opinion that this student may return to non-athletic extracurricular activities.

Return to Sports will be determined by Mount Saint Joseph Academy's Athletic Trainer and Athletic Director and requires clearance from a Concussion-Trained Medical Professional.

___ It is this medical professional's opinion that this student may return to sports.

Concussion Trained Medical Professional Signature:

Please see Mount Saint Joseph Academy Concussion Protocol for standard school-based care.