

\*Menus are subject to change

Adult Breakfast \$2.25 Adult Lunch \$4.25

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**\*Choice of Milk:**

Low-fat, white, chocolate and non-fat strawberry (strawberry is when available)

**Cheeseburger on Bun**  
Baked Fries  
Fresh Fruit  
Alt: Yogurt Munchable OR PBJ

**Chicken Nuggets w/Roll**  
Broccoli  
Sliced Apples  
Assorted Fruit Choice  
Alt: Yogurt Munchable OR PBJ

**Chicken Fajitas** 3  
Black Beans  
Fresh Fruit  
Alt: Yogurt Munchable OR PBJ

**Cheese Pizza** 4  
Seasoned Carrots  
Assorted Fruit Choice  
Alt: Cook's Choice OR PBJ

**NO SCHOOL!** 7

*National Pasta Day:  
10/17/24*

**French Toast Sticks w/ Sausage** 8  
Tater Tots  
Fresh Fruit  
Alt: Salad w/Grilled Chicken Strips OR PBJ

**Corn Dog** 9  
Baked Beans  
Carrots  
Assorted Fruit Choice  
Alt: Salad w/Grilled Chicken Strips OR PBJ

**Chicken Patty Sandwich** 10  
Sun Chips  
Fresh Veggies w/ Hummus  
Fresh Fruit  
Alt: Salad w/Grilled Chicken Strips OR PBJ

**Assorted Pizza** 11  
Garden Salad w/ Dressing  
Assorted Fruit Choice  
Alt: Cook's Choice OR PBJ

**Mozzarella Cheese Sticks w/Tomato Sauce** 14  
Steamed Carrots  
Assorted Fruit Choice  
Alt: Ham & Cheese Sandwich OR PBJ

**Crispy Chicken Sandwich** 15  
Assorted Veggies w/ Hummus  
Fresh Fruit  
Alt: Ham & Cheese Sandwich OR PBJ

**BBQ Boneless Wings w/ Cornbread** 16  
Seasoned Green Beans  
Sliced Apples  
Assorted Fruit Choice  
Alt: Ham & Cheese Sandwich OR PBJ

**Chicken Alfredo w/ WG Garlic Bread** 17  
Peas  
Fresh Fruit  
Alt: Ham & Cheese Sandwich OR PBJ

**Cheese Pizza** 18  
Broccoli  
Assorted Fruit Choice  
Alt: Cook's Choice OR PBJ

**Grilled Cheese Sandwich w/Tomato Soup & Crackers** 21  
Carrots  
Assorted Fruit Choice  
Alt: Pizza Munchable OR PBJ

**Cold Cut Sub w/Fixings** 22  
Baked Fries  
Fresh Fruit  
Alt: Pizza Munchable OR PBJ

**Hot Ham & Cheese on Pretzel Roll** 23  
Baked Beans  
Cucumbers Slices  
Assorted Fruit Choice  
Alt: Pizza Munchable OR PBJ

**Chicken Pot Pie w/WG Funnel Cake** 24  
Rocket Salad  
Fresh Fruit  
Alt: Pizza Munchable OR PBJ

**Assorted Pizza** 25  
Broccoli  
Assorted Fruit Choice  
Alt: Cook's Choice OR PBJ

**Cheesy Calzone** 28  
Cauliflower  
Assorted Fruit Choice  
Alt: Chicken Patty Sandwich OR PBJ

**Walking Beef Tacos w/Fixings** 29  
Black Beans  
Fresh Fruit  
Alt: Chicken Patty Sandwich OR PBJ

**Johnnie Marzetti w/Roll** 30  
Broccoli  
Apple Crisp  
Apple Slices  
Alt: Chicken Patty Sandwich OR PBJ

**Hot Dog on Bun** 31  
Baked Fries  
Carrots  
Fresh Fruit  
Assorted Fruit Choice  
Alt: Chicken Patty Sandwich OR PBJ

**Harvest of the Month:**

**Apples**



**Nutrition Services Important Updates:**

\*Breakfast is free for all PA students for the 2024-25 SY  
\*Reduced-eligible students receive free lunches for the 2024-25 SY

Free & Reduced Meal Applications are available at [sgasd.org](http://sgasd.org) or at [www.compass.state.pa.us](http://www.compass.state.pa.us)  
Our cafeterias need of substitutes. Apply at [sgasd.org](http://sgasd.org). Flexible hours typically between 7am-2:30pm; catering events in mornings and evenings hours vary