

Week 30th September – 4th October: The Power of Stories (Communication)

This week sees the beginning of Black History Month which takes as its theme this year *Reclaiming Narratives*. We reflect upon the power of stories in shaping our sense of self, in making sense of the world and in empowering us to live well in the future.

Learning from Spiritual Traditions

Then Joseph said to his brothers 'I am your brother Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life.' (Genesis 45:4-5)

We relate to you O Prophet the best of stories through Our revelation of this Quran, though before this you were totally unaware of them. (Yusuf Q 12:3)

You came here empty-handed, and so will you leave. What is yours today belonged to someone else yesterday, and tomorrow someone else will call it his. (Bhagavad Gita)

Life in all its fullness – John 10:1-10

Reflection

O God,
the beginning and the end of all things,
our lives take shape through the stories we tell;
help us to see how we can contribute
to a story that is bigger than ourselves
that with hope in the future
we can find power to transform our world together
that all may know life in its fullness. Amen.

The Power of Stories: 30th September – 4th October 2024	
Monday	Storytelling is the most powerful way to put ideas into the world. -- Robert McKee
Tuesday	There is no greater agony than bearing an untold story inside you. -- Maya Angelou
Wednesday	There is nothing like returning to a place that remains unchanged to find the ways in which you yourself have altered. -- Nelson Mandela
Thursday	Not everything that is faced can be changed, but nothing can be changed until it is faced. -- James Baldwin
Friday	He who is not courageous enough to take risks will accomplish nothing in life. -- Muhammad Ali