

# HIGH SCHOOL BREAKFAST

## OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Burrito w/ Hashbrown	French Toast w/ Sausage	Sausage or Egg Breakfast Sandwich	Whole Wheat Biscuit w/ Scrambled Eggs	Baked Blueberry Oatmeal w/ Sausage

Selection of whole grain cereal, fruit and yogurt smoothies, yogurt parfaits, whole wheat muffins, fresh fruit, and milk offered daily

**School meals are now free for all students!**

Second Breakfast \$2.00    Milk \$0.50

Our menu is subject to change. Keep this in mind when reviewing our printed and online menus.  
This institution is an equal opportunity provider.



# HIGH SCHOOL LUNCH

## OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Strips Mozzarella Sticks	<b>1</b> Hamburger Cheeseburger Bacon Burger	<b>2</b> Mandarin Chicken w/ Brown Rice	<b>3</b> Hamburger Cheeseburger Bacon Burger	<b>4</b> Popcorn Chicken w/ Breadstick Corn Dog
<b>7</b> Chicken Strips Mozzarella Sticks	<b>8</b> Hamburger Cheeseburger Bacon Burger	<b>9</b> Teriyaki Chicken w/ Yakisoba Noodles	<b>10</b> Hamburger Cheeseburger Bacon Burger	<b>11</b> Popcorn Chicken w/ Breadstick Corn Dog
<b>14</b> Chicken Strips Mozzarella Sticks	<b>15</b> Hamburger Cheeseburger Bacon Burger	<b>16</b> Mandarin Chicken w/ Brown Rice	<b>17</b> Hamburger Cheeseburger Bacon Burger	<b>18</b> Popcorn Chicken w/ Breadstick Corn Dog
<b>21</b> Chicken Strips Mozzarella Sticks	<b>22</b> Hamburger Cheeseburger Bacon Burger	<b>23</b> Teriyaki Chicken w/ Yakisoba Noodles	<b>24</b> Hamburger Cheeseburger Bacon Burger	<b>25</b> Popcorn Chicken w/ Breadstick Corn Dog
<b>28</b> NO SCHOOL	<b>29</b> Hamburger Cheeseburger Bacon Burger	<b>30</b> Mandarin Chicken w/ Brown Rice	<b>31</b> Hamburger Cheeseburger Bacon Burger	Popcorn Chicken w/ Breadstick Corn Dog

Daily offerings: Nachos, Enchiladas, Quesadillas | Grab & Go Sandwiches and Salads | Pizza | Fresh Fruit | Salad Bar | Milk

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Second Lunch \$3.50

Second Entree \$2.00

Milk \$0.50

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