



Meet Your Nutritious Friend:
"Papa" Corn

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	<p>Nacho Grande ¹ with Tortilla Chips</p> <p>Chicken Caesar Wrap</p> <p>Garden Salad w/chicken</p> <p>FEATURED VEGGIES Tomato & Onion Salsa</p>	<p>Tulia's Pizza ²</p> <p>Chicken Caesar Wrap</p> <p>Garden Salad w/chicken</p> <p>FEATURED VEGGIES Green Beans</p>	<p>Chicken Patty ³ on a Bun</p> <p>Chicken Caesar Wrap</p> <p>Garden Salad w/chicken</p> <p>FEATURED VEGGIE Seasoned Sweet Potatoes</p>	<p>Cheese Pizza ⁴</p> <p>Chicken Caesar Wrap</p> <p>Garden Salad w/chicken</p> <p>FEATURED VEGGIES Carrot Baggie</p>	<p>What is a Meal?</p> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable</p> <p>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit</p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk</p> <p>1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p>Daily Alternates</p> <p>#4 – Cereal/Yogurt Bag</p> <p>#5 – Uncrustable Grab n Go</p> <p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
<p>Penne Pasta w/meatballs ⁷</p> <p>Buffalo Chicken Wrap</p> <p>Chef Salad</p> <p>FEATURED VEGGIES Glazed Carrots</p>	<p>Apple BBQ Pork ⁸</p> <p>Nacho Grande</p> <p>Buffalo Chicken Wrap</p> <p>Chef Salad</p> <p>FEATURED VEGGIES Golden Corn</p>	<p>Tulia's Pizza ⁹</p> <p>Buffalo Chicken Wrap</p> <p>Chef Salad</p> <p>FEATURED VEGGIES Side Salad</p>	<p>Fish Sticks ¹⁰</p> <p>With/brown rice</p> <p>Buffalo Chicken Wrap</p> <p>Chef Salad</p> <p>FEATURED VEGGIES Mixed Veggies</p>	<p>¹¹</p> <p>TEACHER IN SERVICE</p> <p>NO SCHOOL</p>	
<p>¹⁴</p> <p>SCHOOL CLOSED</p>	<p>Hot Dog ¹⁵</p> <p>Bacon/Egg/Cheese Wrap</p> <p>Caesar Salad</p> <p>FEATURED VEGGIES Vegetarian Beans</p>	<p>Tulia's Pizza ¹⁶</p> <p>Bacon/Egg/Cheese Wrap</p> <p>Caesar Salad</p> <p>FEATURED VEGGIES Green Beans</p>	<p>Cowboy Burger ¹⁷ on a bun</p> <p>Bacon/Egg/Cheese Wrap</p> <p>Caesar Salad</p> <p>FEATURED VEGGIES Golden Fries</p>	<p>Cheese Pizza ¹⁸</p> <p>Bacon/Egg/Cheese Wrap</p> <p>Caesar Salad</p> <p>FEATURED VEGGIES Carrot Baggie</p>	
<p>Grilled Cheese ²¹ w/tomato soup</p> <p>Ham & Cheese Sandwich</p> <p>Chicken Caesar Salad</p> <p>FEATURED VEGGIES Peas</p>	<p>Chicken Patty ²² On a Bun</p> <p>Ham & Cheese Sandwich</p> <p>Chicken Caesar Salad</p> <p>FEATURED VEGGIES Mixed Veggies</p>	<p>Tulia's Pizza ²³</p> <p>Ham & Cheese Sandwich</p> <p>Chicken Caesar Salad</p> <p>FEATURED VEGGIES Side Salad</p>	<p>Asian Sesame Chicken ²⁴ Over brown Rice</p> <p>Ham & Cheese Sandwich</p> <p><i>Chicken Caesar Salad</i></p> <p>FEATURED VEGGIES Golden Corn</p>	<p>²⁵</p> <p>Cheese Pizza</p> <p>Ham & Cheese sandwich</p> <p>Chicken Caesar Salad</p> <p>FEATURED VEGGIES Carrot Baggie</p>	
<p>Oven Roasted Chicken ²⁸</p> <p>Italian Wrap</p> <p>Garden Salad</p> <p>FEATURED VEGGIES Glazed Carrots</p>	<p>Grilled Cheese ²⁹ w/tomato soup</p> <p>Italian Wrap</p> <p>Garden Salad</p> <p>FEATURED VEGGIE Mixed Veggies</p>	<p>Tulia's Pizza ³⁰</p> <p>Italian Wrap</p> <p>Garden Salad</p> <p>FEATURED VEGGIES Side Salad</p>	<p>Sloppy Joe ³¹ On Hawaiian Roll</p> <p>Italian Wrap</p> <p>Garden Salad</p> <p>FEATURED VEGGIES Golden Corn</p>		
<p>Lucia Henry, Food Service Director 856-719-4790 ma1506@metzcorp.com</p>			<p>Meal Prices</p> <p>Student Lunch \$3.50 Reduced Lunch \$0.00 Faculty Lunch \$4.50</p>		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.