



# PVHS Girls Lacrosse

3 x EPC Champs

District XI Champs/State Quarterfinals

## FALL INTRAMURALS

### 5<sup>th</sup> & 6<sup>th</sup> - FALL INTRAMURALS

#### Introduction of Coaches

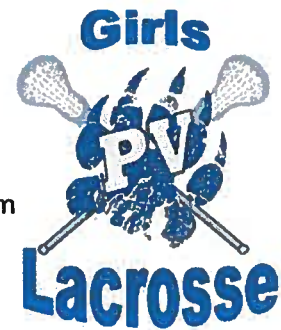
Toni Bush-Head Coach [Bush.Toni@pvbears.org](mailto:Bush.Toni@pvbears.org) 570-656-4143

Joe Bush-Volunteer HS Coach

#### Equipment Needed to Play

Lacrosse Stick\*, Goggles\*, Mouthguard, Cleats, Sneakers, Intramural Form

\*Items on hand to borrow



#### DETAILS:

**WHEN:** Tuesdays and Thursdays beginning October 15<sup>th</sup> and ending November 26<sup>th</sup>

**TIME:** 5:00-6:30 pm (or when we lose daylight)

**WHERE:** JCM grass field (next to Rt. 115 at high school) or Stadium

**COST:** FREE

#### But I've Never Played Before??

So What!?! If you are a dedicated athlete who is looking to try something new, our coaching staff can prepare you for the game.

*\*\*If interested, please email Coach Toni Bush prior to the first practice so we have an approximate head count. Bring your completed Intramural form with you to first session.\*\**  
[bush.toni@pvbears.org](mailto:bush.toni@pvbears.org)

**\*\*\*VERY IMPORTANT: YOU MUST HAVE A COMPLETED INTRAMURAL FORM WITH YOU AT FIRST SESSION OR YOU MAY NOT PARTICIPATE.\*\*\***

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