

OCTOBER 2024 WING LAKE MENU

FREE Breakfast Delivered to classrooms
when school starts
FREE Lunch - 11:00am - 12:30am

Monday

Tuesday

Wednesday

Thursday

Friday

1 Cheesy Fish Sandwich
or Chicken Tenders w/
Steamed Veggies

2 Cheeseburger served
with Vegetarian Baked
Beans

3 **No
School!**

4 Bosco Sticks
w/ Marinara and
Smile Potatoes

7
Grilled Cheese Sandwich
Tomato Soup

8 Macaroni and Cheese
served w/ Broccoli and
Garlic Knot

9 **1/2 Day!
NO HOT LUNCH!**

10 All Beef Hot Dog
w/ Vegetarian
Baked Beans

11 Beef and Bean Chili
Garlic Bread
Sweet Potato Fries

14
Beef & Cheese Tacos
Salsa/Sour Cream
Refried Beans

15 Mini Turkey Corn Dogs
w/Mixed Vegetables

16 Meatloaf Burger
Tater Tots

17 Chicken Sliders
w/ Sweet Potatoes

18 Cheese Pizza
With Broccoli

21 Macaroni and Cheese
w/ Broccoli and
WG Roll

22 Broccoli Cheese Soup
Garlic Bread
Sweet Potato Fries

23 Bean and Cheese Burrito
served with Cheese Stick
and Salsa

24 Belgium Waffle w/
Turkey Sausage
Hashbrown Potatoes

25 Bosco Sticks
w/ Marinara and
Smile Potatoes

28 Chicken Tender/Muffin
Steamed Carrots

29 Pasta w/ Marinara and
Meatballs & Garlic Knot

30 Chicken Patty Sandwich
Baked Beans

31 **1/2 Day!
NO HOT LUNCH!**

Bloomfield Hills Schools is providing
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade
again this school year!
All meals include Proteins & whole grains
At least 1/2 cup fruits and veggies and
1% white or Chocolate milk

248.341.5671
aramark 

Cheesy Fish Sandwich

Lightly Breaded Haddock Fillet topped
w/ American Cheese,
served with Steamed Veggies

Cheeseburger

Beef burger on a WG Bun topped with
American cheese

Bosco Sticks

Mozzarella cheese filled breadsticks
served with Marinara Sauce and
Smile Potatoes

Grilled Cheese Sandwich

Crisp, cheesy toasted sandwich
served with Tomato Soup

Macaroni and Cheese

Macaroni noodles tossed in creamy cheese sauce
served with Steamed Broccoli
a WG Roll

Cheese Pizza

Whole Grain individual deep dish Cheese Pizza
served with tender Broccoli

Bean Burrito

Creamy refried beans and cheddar cheese
wrapped in a WG tortilla
Served with Cheese Stick and Salsa

Beef and Cheese Tacos

Soft Flour Tortillas with Seasoned Beef and
Shredded Cheddar Cheese,
served with Salsa and Sour Cream

Mini Corn Dogs

Mini Turkey hotdogs battered in a crispy
whole grain Corn Bread Batter
served with Mixed Veggies

Meatloaf Burger

Juicy Meatloaf stuffed with Cheese
and tangy Ketchup
Served on a WG bun with Smile Potatoes

Chicken Patty Sliders

Tiny Chicken Sausages on WG Slider Buns
Served w/ Sweet Potatoes

Orange Chicken

Crispy battered chicken bites glazed in a
sweet orange sauce,
served over WG rice with
Asian mixed Veggies

Macaroni and Cheese

Macaroni noodles tossed in creamy cheese
sauce served with Steamed Broccoli
WG Roll

Belgium Waffle

Served with turkey sausage patties
and crispy
Hashbrowns

Chicken Tenders

All White Meat Lightly
Breaded Chicken Strips served
with a WG muffin

Pasta with Meatballs

Penne Pasta noodles tossed in Marinara sauce
served with a Garlic Bread

Chicken Patty Sandwich

All White Meat Lightly Breaded Chicken
Served on a WG Bun with
Vegetarian Baked Beans

Broccoli and Cheese Soup

Creamy Broccoli and Cheese Soup served
with a soft buttery Garlic Bread
and Sweet Potato Fries

Beef and Bean Chili

Hearty Beef and Bean Chili served with
Soft buttery Garlic Bread and
Sweet Potato Fries

All Beef Hot Dog

All Beef Frank served on a WG Bun Served with
Vegetarian Baked Beans

Option 2 Daily - Yogurt Plate

Creamy Yogurt Cup, Soft Pretzel, and Cheese dipping cup

**ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND
CHOICE OF FRUITS AND VEGGIES**

**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

FREE BREAKFAST

**Monday - Breakfast
Pizza**

**Tuesday - Breakfast
Bagel**

Wednesday - Pancakes

**Thursday - Breakfast
Burrito**

**Friday - Mini Waffles
Plus Yogurt Plates**

Cereal & Cereal Bars

**Served with 100% Fruit
Juice, Michigan Fruit
and 1% White or
Chocolate Milk**

Join us in learning about

Michigan Produce!

**Seasonal Carrots, Blueberries,
Apples, Salad Greens, Sweet
Potatoes and Much More!**



Gluten Free
option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available



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