

OCTOBER 2024 INTERNATIONAL ACADEMY MENU

FREE Breakfast
7:20am
FREE Lunch - 11am-1pm

Monday

Tuesday

Wednesday

Thursday

Friday

1
2 Beef or Chicken Tacos
served with corn,
Refried Beans and Churros

2
Grilled Cheese Sandwich
and Tomato soup

3
Grilled Cheese Sandwich
and Tomato soup

4
Chicken Drumstick served
with Mashed Potatoes,
Chicken Gravy & Corn

7
JET'S PIZZA!
OR Blackhawk Burger
with Fries

8
Beef and Cheese Nachos
served with corn,
Refried Beans and Churros

9
Chicken Shwarama
Pita with
Waffle Fries

10
Bosco Day!
Popcorn Chicken Bowl

11
Orange Chicken w/ WG
rice, Asian Veggies

14
JET'S PIZZA!
OR Cheesy Fish
Sandwich with Sweet
Potato Fries

15
Turkey Baracoa Tacos
served with Pico corn,
Refried Beans and Churros

16
French Toast Sticks w/
Turkey Sausage

17
Bosco Day!
Buffalo Mac & Cheese
Steamed Broccoli

18 **1/2 Day!**
NO HOT LUNCH!

21
JET'S PIZZA!
OR Mini Turkey Corn
Dogs with Fries

22
Dorito Taco Cheese Bowl
Served with Black Beans
and Churros

23
Hot Dog Bar
with Fries

24
1/2 Day!
NO HOT LUNCH!

25
NO SCHOOL!

28
JET'S PIZZA!
OR Mac & Cheese Burger
with Sweet Potato Fries

29
Beef & Cheese Tatchos
served with Corn and a
variety of toppings

30
Meatball Grinder
with Marinara and
Cheese

31
Mac & Cheese
Steamed Broccoli and
Garlic Bread

Bloomfield Hills Schools is providing
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade
again this school year!
All meals include Proteins & whole grains
At least 1/2 cup fruits and veggies and
1% white or Chocolate milk

248.341.5671
aramark 

DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS w/ MUFFIN, BAKED FRENCH FRIES
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)
AND MUCH MORE!!

2 Soft Tacos

Beef or Chicken and Cheese with a variety of toppings to choose from

Served with refried beans

Grilled Cheese Sandwich

Creamy American Cheese melted between WG Bread slices, Grilled and

Served with Tomato Soup

Chicken Drumstick

Breaded Chicken Drumstick

Served with Mashed Potatoes, Gravy and Corn

Blackhawk Burger

All Beef Burger topped with

Crispy Lettuce, tangy Thousand Island Dressing and American Cheese on a WG Bun

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional toppings

Served with refried beans

Popcorn Chicken Bowl

Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots Served with refried beans and Toppings

Mac & Cheese Burger

All Beef Burger topped with Creamy Mac & Cheese on a WG Bun

Sweet & Sour Chicken

Crispy battered chicken bites glazed in a Mini Turkey hotdogs battered in a crispy sweet & Tangy Orange sauce, served whole grain Corn Bread Batter served with over WG rice with Asian mixed Veggies

Cheesy Fish Sandwich

Breaded Flakey Haddock topped with American Cheese on a WG Bun

Turkey Barbacoa Tacos

Seasoned ground turkey served on Flour Tortillas

Served with Pico Corn salad and Refried Beans

French Toast with Turkey Sausage

Crispy French Toast Sticks served with a Turkey Sausage Patty, Syrup,

Hash Brown Patty

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

Loaded Popcorn Chicken Tot Bowl

Crispy Popcorn Chicken and creamy Cheddar Cheese Sauce over Crispy Tater Tots

Macaroni & Cheese

Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

Mini Corn Dogs

French Fries

Dorito Taco Cheese Bowl

Crispy Baked Nacho Cheese Doritos Topped with Beef and Cheese Sauce Served with refried beans

All Beef Hotdog Bar

Assorted toppings include beef Chili, Cheese Sauce and assorted veggie topping!

Chicken Schwarma

Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions Served with Crispy Waffle Fries

Chicken Teriyaki

Breaded Popcorn Chicken glazed in Teriyaki sauce served over WG rice with Asian Veggies

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

Bosco Sticks

Mozzarella cheese filled breadsticks served with Marinara Sauce

Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

BREAKFAST

Offered Daily
in the Cafe 7:15am -
7:55am

Choose from Cold and Hot Choices including Apple Cinnamon Texas Toast, Breakfast Sandwiches, Yogurt Parfait, Bagels, Muffins, Cereal Bars, Cereal. All Breakfasts include up to a full cup of fruit and/or Juice and a 1% white or chocolate milk

Join us in learning about

Michigan Produce!

Seasonal Carrots, Blueberries, Apples, Salad Greens, Sweet Potatoes and Much More!



Gluten Free option available per medical request- preorder required



Vegetarian and Dairy Free options available



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MENU SUBJECT TO CHANGE WITHOUT NOTICE
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