OCTOBER 2024 HIGH SCHOOL MENU

Breakfast - Served in Food for Thought and Java City 7:30am/9:25am Lunch - 11am - 1:15 pm Main Cafe

Tuesday

Wednesday

Thursday

Friday

Chicken Quesadilla served with Rice, Pico Corn and Refried Beans Philly Cheese Steak sandwich w/ Fries IET'S Pizza Day! 3 No School! Orange Chicken
w/ WG rice and Stirfried Veggies

7 Crispy Chicken Drumstick, Roll w/ mashed potatoes and Gravy

Dorito Taco Cheese Bowl Served with Black Beans and Churros 9 1/2 Day! NO HOT LUNCH! 10 Beef or Cheese Lasagna Garlic Breadstick MICHIGAN BROCCOLI

General Tso Chicken
w/ WG rice and Stirfried Veggies

14 BBQ Chicken Drumstick w/ mashed potatoes and Gravy Turkey Barbacoa Tacos
WG Rice and
Refried Beans

Chicken Waffle sandwich w/ Fries | ET'S Pizza Day!

17 Buffalo Chicken Mac & Cheese Garlic Breadstick MICHIGAN BROCCOLI **18** Chicken Thai Bowl Crisp Chicken over WG Rice with a Thai Chili Sunbutter Sauce

Waffles and
Chicken
Sweet Potato Fries

22 Beef &Cheese Tatchos served with Corn and a variety of toppings Meatball Grinder
w/ Fries
JET'S Pizza Day!

24 Mac & Cheese Steamed Broccoli and Garlic Bread 25 Chicken Teriyaki served w/ Rice Served with WG rice and Asian Veggie Mix

28
Loaded Popcorn Chicken
Cheese Tot Bowl

Beef & Cheese Nachos served with corn Refried Beans Grilled Cheese sandwich
w/ Tomato Soup

[ET'S Pizza Day!

31 1/2 Day! NO HOT LUNCH!

Bloomfield Hills Schools is providing

2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade again this school year!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or Chocolate milk

248.341.5671 aramark

DAILY LUNCH OPTIONS!

GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA

GRAB AND GO SUBS AND WRAPS

AND MUCH MORE!!

Chicken & Cheese Ouesadilla

Flour Tortilla grilled with white meat Chicken and Cheddar Cheese Served with WG Rice & Refried Beans

Philly Steak and Cheese

Shaved seasoned beef on a WG sub bun topped with melted Mozzarella cheese and optional Peppers & Onions with Fries

Orange Chicken

Crispy battered chicken bites glazed in a sweet orange sauce, served over rice with Asian mixed Veggies

Chicken Drumstick

Crispy breaded chicken leg served with Mashed Potatoes, Chicken Gravy and Green Beans

Dorito Taco Cheese Bowl

Crispy Baked Nacho Cheese Doritos Topped with Beef and Cheese Sauce Served with refried beans

Beef or Cheese Lasagna

Cheese Filled Pasta rolls topped with marinara sauce or meat sauce served with Broccoli and garlic breadstick

General Tso Chicken

Crispy battered chicken bites glazed in a Tangy sweet & spicy sauce, served over rice with Asian mixed Veggies

BBQ Chicken Drumstick

served with Mashed Potatoes, Chicken Gravy and Green Beans

Turkey Barbacoa Tacos

Seasoned ground turkey served on Flour Tortillas

> Served with Pico Corn salad and Refried Beans

Chicken and Waffles

Crispy White meat breaded Chicken Strips Served with Sweet Belgium Waffles, Syrup Cup and optional Sweet Potato Loaded Popcorn Chicken Tot Bowl

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

Chicken Thai Rice Bowl

Crispy Chicken over WG Rice Tossed in a Thai Sun Butter Sauce

EGGOJI Waffle and Chicken Sandwich

All White meat Chicken Patty between 2 crispy animated WG Waffles

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots Served with refried beans and Toppings

Meatball Grinder

Meatballs tossed in Marinara topped with Chicken leg glazed in Sweet BBQ Sauce melted Mozzerella cheese and topped with optional Peppers & Onions with Fries

Macaroni & Cheese

Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

Chicken Teriyaki

Breaded Popcorn Chicken glazed in Teriyaki sauce served over WG rice with Asian mixed Veggies

Crispy Popcorn Chicken and creamy Cheddar Cheese Sauce over **Crispy Tater Tots**

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional toppings Served with refried beans

Grilled Cheese Sandwich

Creamy American Cheese melted between WG Bread slices. Grilled and Served with Tomato Soup

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce! Choose from Cheese. Pepperoni or Veggie!

scan code preorder deli sandwich



SCAN ME BREAKFAST

DAILY SPECIALS TURKEY/CHEESE CROISSANT **YOGURT PARFAITS** HOMEMADE MUFFINS BAGELS AND CREAM CHEESE DONUTS

CEREAL CEREAL BARS AND MUCH MORE All COMPLETE BREAKFASTS INCLUDE CHOICE OF MICHIGAN PRODUCE

JUICE AND 1% white or Choclate MILK

FRUITS AND VEGGIES!

Offered Daily Includes Michigan Produce such as Blueberries, Lettuce, Carrots, Legumes and Apples and full Salad Bar!



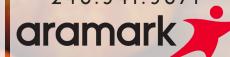
Gluten Free option available per medical requestpreorder required

available

gluten Vegetarian and Dairy Free options



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