

# OCTOBER 2024 HIGH SCHOOL MENU

Breakfast - Served in Food for Thought  
and Java City 7:30am/9:25am  
Lunch - 11am - 1:15 pm Main Cafe

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**1** Chicken Quesadilla  
served with Rice, Pico  
Corn and Refried Beans

**2** Philly Cheese Steak  
sandwich w/ Fries  
JET'S Pizza Day!

**3** **No  
School!**

**4** Orange Chicken  
w/ WG rice and Stir-  
fried Veggies

**7** Crispy Chicken  
Drumstick, Roll  
w/ mashed potatoes  
and Gravy

**8** Dorito Taco Cheese Bowl  
Served with Black Beans  
and Churros

**9** **1/2 Day!  
NO HOT LUNCH!**

**10** Beef or Cheese Lasagna  
Garlic Breadstick  
MICHIGAN BROCCOLI

**11** General Tso Chicken  
w/ WG rice and Stir-  
fried Veggies

**14** BBQ Chicken Drumstick  
w/ mashed potatoes  
and Gravy

**15** Turkey Barbacoa Tacos  
WG Rice and  
Refried Beans

**16** Chicken Waffle  
sandwich w/ Fries  
JET'S Pizza Day!

**17** Buffalo Chicken Mac &  
Cheese  
Garlic Breadstick  
MICHIGAN BROCCOLI

**18** Chicken Thai Bowl  
Crisp Chicken over WG  
Rice with a Thai Chili  
Sunbutter Sauce

**21** Waffles and  
Chicken  
Sweet Potato Fries

**22** Beef & Cheese Tatchos  
served with Corn and a  
variety of toppings

**23** Meatball Grinder  
w/ Fries  
JET'S Pizza Day!

**24** Mac & Cheese  
Steamed Broccoli and  
Garlic Bread

**25** Chicken Teriyaki  
served w/ Rice  
Served with WG rice and  
Asian Veggie Mix

**28** Loaded Popcorn Chicken  
Cheese Tot Bowl

**29** Beef & Cheese Nachos  
served with corn  
Refried Beans

**30** Grilled Cheese sandwich  
w/ Tomato Soup  
JET'S Pizza Day!

**31** **1/2 Day!  
NO HOT LUNCH!**

Bloomfield Hills Schools is providing  
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade  
again this school year!  
All meals include Proteins & whole grains  
At least 1/2 cup fruits and veggies and  
1% white or Chocolate milk

248.341.5671  
aramark



## DAILY LUNCH OPTIONS!

### CHICKEN PATTY SANDWICH - SPICY AND REGULAR CHICKEN TENDERS

**GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA  
VARIETY OF ENTREE SALADS AND  
GRAB AND GO SUBS AND WRAPS  
AND MUCH MORE!!**

#### **Chicken & Cheese Quesadilla**

Flour Tortilla grilled with white meat  
Chicken and Cheddar Cheese  
Served with WG Rice & Refried  
Beans

#### **Philly Steak and Cheese**

Shaved seasoned beef on a WG sub  
bun topped with melted Mozzarella  
cheese and optional Peppers & Onions  
with Fries

#### **Orange Chicken**

Crispy battered chicken bites glazed in  
a sweet orange sauce, served over rice  
with Asian mixed Veggies

#### **Chicken Drumstick**

Crispy breaded chicken leg served with  
Mashed Potatoes, Chicken Gravy and  
Green Beans

#### **Dorito Taco Cheese Bowl**

Crispy Baked Nacho Cheese Doritos  
Topped with Beef and Cheese Sauce  
Served with refried beans

#### **Beef or Cheese Lasagna**

Cheese Filled Pasta rolls topped with  
marinara sauce or meat sauce served  
with Broccoli and garlic breadstick

#### **General Tso Chicken**

Crispy battered chicken bites glazed in a  
Tangy sweet & spicy sauce, served over  
rice with Asian mixed Veggies

#### **BBQ Chicken Drumstick**

Chicken leg glazed in Sweet BBQ Sauce  
served with Mashed Potatoes, Chicken  
Gravy and Green Beans

#### **Turkey Barbacoa Tacos**

Seasoned ground turkey served on  
Flour Tortillas

Served with Pico Corn salad  
and Refried Beans

#### **Chicken and Waffles**

Crispy White meat breaded Chicken Strips  
Served with Sweet Belgium Waffles,  
Syrup Cup and optional Sweet Potato  
Fries

#### **Buffalo Chicken Mac & Cheese**

Creamy Mac & Cheese served with Crispy  
Chicken bites and Buffalo Sauce served with  
fresh steamed Broccoli

#### **Chicken Thai Rice Bowl**

Crispy Chicken over WG Rice  
Tossed in a Thai Sun Butter Sauce

#### **EGGOJI Waffle and Chicken Sandwich**

All White meat Chicken Patty between  
2 crispy animated WG Waffles

#### **Beef and Cheese Tatchos**

Beef and Cheese over Crispy Tater Tots  
Served with refried beans and Toppings

#### **Meatball Grinder**

Meatballs tossed in Marinara topped with  
melted Mozzarella cheese and topped with  
optional Peppers & Onions with Fries

#### **Macaroni & Cheese**

Whole grain pasta tossed in  
a creamy cheddar cheese sauce  
served with fresh steamed Broccoli

#### **Chicken Teriyaki**

Breaded Popcorn Chicken glazed in  
Teriyaki sauce served over WG rice  
with Asian mixed Veggies

#### **Loaded Popcorn Chicken Tot Bowl**

Crispy Popcorn Chicken and creamy  
Cheddar Cheese Sauce over  
Crispy Tater Tots

#### **Beef and Cheese Nachos**

Beef and Cheese on Crispy tortilla chips  
with optional toppings  
Served with refried beans

#### **Grilled Cheese Sandwich**

Creamy American Cheese melted  
between WG Bread slices, Grilled and  
Served with Tomato Soup

#### **Jets Pizza**

Crispy Deep Dish Cheese Pizza with Jet's  
famous sauce! Choose from Cheese,  
Pepperoni or Veggie!

**scan code  
to  
preorder  
deli  
sandwich**



**SCAN ME**

**BREAKFAST  
DAILY SPECIALS**

**TURKEY/CHEESE CROISSANT**

**YOGURT PARFAITS**

**HOMEMADE MUFFINS**

**BAGELS AND CREAM CHEESE**

**DONUTS**

**CEREAL, CEREAL BARS AND MUCH MORE**

**ALL COMPLETE BREAKFASTS**

**INCLUDE CHOICE OF MICHIGAN PRODUCE**

**JUICE AND**

**1% white or Chocolate MILK**

#### **FRUITS AND VEGGIES!**

**Offered Daily**

**Includes Michigan Produce such  
as Blueberries, Lettuce, Carrots,  
Legumes and Apples and full  
Salad Bar!**



**Gluten Free**  
option available per  
medical request-  
preorder required



**Vegetarian and  
Dairy Free options  
available**



**248.341.5671**



**MENU SUBJECT TO CHANGE WITHOUT NOTICE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**