

OCTOBER 2024 MIDDLE SCHOOL MENU

FREE Breakfast Served until 8:30am
in the Cafeteria
FREE Lunch - 11am - 12:30pm

Monday

Tuesday

Wednesday

Thursday

Friday

1
2 Beef or Chicken Tacos
served with corn,
Refried Beans and Churros

2
Grilled Cheese Sandwich
and Tomato soup

3
**No
School!**

4
Chicken Drumstick served
with Mashed Potatoes,
Chicken Gravy & Corn

7
JET'S PIZZA!
OR Blackhawk Burger
with Fries

8
Beef and Cheese Nachos
served with corn,
Refried Beans and Churros

9
1/2 Day!
NO HOT LUNCH!

10
Bosco Day!
Popcorn Chicken Bowl

11
Orange Chicken w/ WG
rice, Asian Veggies

14
JET'S PIZZA!
OR Cheesy Fish
Sandwich with Sweet
Potato Fries

15
Turkey Baracoa Tacos
served with Pico corn,
Refried Beans and Churros

16
French Toast Sticks w/
Turkey Sausage

17
Bosco Day!
Buffalo Mac & Cheese
Steamed Broccoli

18
Waffles and Chicken

21
JET'S PIZZA!
OR Mini Turkey Corn
Dogs with Fries

22
Dorito Taco Cheese Bowl
Served with Black Beans
and Churros

23
Hot Dog Bar
with Fries

24
Bosco Day!
Pasta Bar
Choice of Sauces and
Toppings

25
Beef Teriyaki Stir Fry
w/ WG rice, Asian
Veggies

28
JET'S PIZZA!
OR Mac & Cheese Burger
with Sweet Potato Fries

29
Beef & Cheese Tatchos
served with Corn and a
variety of toppings

30
Meatball Grinder
with Marinara and
Cheese

31
1/2 Day!
NO HOT LUNCH!

Bloomfield Hills Schools is providing
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade
again this school year!

All meals include Proteins & whole grains

At least 1/2 cup fruits and veggies and

1% white or Chocolate milk

248.341.5671
aramark

DAILY LUNCH OPTIONS!

**CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS w/ MUFFIN, BAKED FRENCH FRIES
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)
AND MUCH MORE!!**

2 Soft Tacos

Beef or Chicken and Cheese with a variety of toppings to choose from
Served with refried beans

Grilled Cheese Sandwich

Creamy American Cheese melted between WG Bread slices, Grilled and
Served with Tomato Soup

Chicken Drumstick

Breaded Chicken Drumstick
Served with Mashed Potatoes, Gravy and Corn

Blackhawk Burger

All Beef Burger topped with Crispy Lettuce, tangy Thousand Island Dressing and American Cheese on a WG Bun

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips with optional toppings
Served with refried beans

Popcorn Chicken Bowl

Crispy Popcorn Chicken over Creamy Mashed Potatoes topped with Corn and Chicken Gravy

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots
Served with refried beans and Toppings

Orange Chicken

Crispy battered chicken bites glazed in a sweet & Tangy Orange sauce, served over WG rice with Asian mixed Veggies

Cheesy Fish Sandwich

Breaded Flakey Haddock topped with American Cheese on a WG Bun

Turkey Barbacoa Tacos

Seasoned ground turkey served on Flour Tortillas
Served with Pico Corn salad and Refried Beans

French Toast with Turkey Sausage

Crispy French Toast Sticks served with a Turkey Sausage Patty, Syrup, Hash Brown Patty

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

Chicken and Waffles

Crispy White meat breaded Chicken Strips
Served with Sweet Belgium Waffles, Syrup Cup and optional Sweet Potato Fries

Mac & Cheese Burger

All Beef Burger topped with Creamy Mac & Cheese on a WG Bun

Mini Corn Dogs

Mini Turkey hotdogs battered in a crispy whole grain Corn Bread Batter served with French Fries

Dorito Taco Cheese Bowl

Crispy Baked Nacho Cheese Doritos
Topped with Beef and Cheese Sauce
Served with refried beans

All Beef Hotdog Bar

Assorted toppings include beef Chili, Cheese Sauce and assorted veggie topping!

Pasta Bar

Pasta served with Marinara Sauce or Alfredo served with choices of Beef Meatballs, Diced Chicken and Broccoli. Served with Parmesan, and Garlic Bread

Chicken Teriyaki

Breaded Popcorn Chicken glazed in Teriyaki sauce served over WG rice with Asian mixed Veggies

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

Bosco Sticks

Mozzarella cheese filled breadsticks served with Marinara Sauce

Meatball Grinder

Meatballs tossed in Marinara topped with melted Mozzarella cheese and topped with optional Peppers & Onions with Fries

BREAKFAST

**Offered Daily
in the Cafe 8:15-8:30am**

Choose from Cold and Hot Choices including Apple Cinnamon Texas Toast, Breakfast Sandwiches, Yogurt Parfait, Bagels, Muffins, Cereal Bars, Cereal. All Breakfasts include up to a full cup of fruit and/or 100% Fruit Juice and a 1% white or chocolate milk

Join us in learning about

Michigan Produce!

Seasonal Carrots, Blueberries, Apples, Salad Greens, Sweet Potatoes and Much More!

**DAIRY
Free**

Gluten Free option available per medical request- preorder required

**gluten
FREE**

**100%
VEGETARIAN**

Vegetarian and Dairy Free options available

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**MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**