

All meals include a choice of 1% chocolate or 1% white milk. Hellgate Elementary is an equal opportunity provider and employer.

# Hellgate Elementary K-8

## OCTOBER 2024

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
|  | <b>1</b><br>Breakfast Nacho Bar;<br>Add Your Own Toppings!<br>Pears                            | <b>2</b><br>Scrambled Eggs<br>Toast/Jelly<br>Mixed Fruit            | <b>3</b><br>Maple Donut<br>Sausage Links<br>Apple Slices      | <b>4</b><br>Cereal<br>Yogurt<br>Melon            |
| <b>7</b><br>Biscuits & Sausage Gravy<br>Tri Tater<br>Juice | <b>8</b><br>Yogurt Bar;<br>Add Your Own Toppings!<br>Mini Donuts<br>Blueberries/Strawberry Cup | <b>9</b><br>Cinnamon Roll<br>Cheddar Cheese Stick<br>Peaches        | <b>10</b><br>Chocolate Donut<br>Sausage Links<br>Apple Slices | <b>11</b><br>Cereal<br>Hard Boiled Egg<br>Grapes |
| <b>14</b><br>Mini Cinni<br>Tri Tater<br>Juice              | <b>15</b><br>Breakfast Burrito;<br>Add Your Own Toppings!<br>Mandarin Oranges                  | <b>16</b><br>Chocolate Chip Muffin<br>Cheddar Cheese Stick<br>Melon | <b>17</b><br><br><br><b>NO SCHOOL</b>                         | <b>18</b><br><br><br><b>NO SCHOOL</b>            |
| <b>21</b><br>Mini Strawberry Bagel<br>Tri Tater<br>Juice   | <b>22</b><br>Oatmeal<br>Mini Donuts<br>Mandarin Oranges  | <b>23</b><br>Scrambled Eggs<br>Toast/Jelly<br>Mixed Fruit           | <b>24</b><br>Maple Donut<br>Sausage Links<br>Apple Slices     | <b>25</b><br>Cereal<br>Yogurt<br>Oranges         |
| <b>28</b><br>Sausage & Cheese Bun<br>Tri Tater<br>Juice    | <b>29</b><br>Dutch Waffle<br>String Cheese<br>Pears  | <b>30</b><br>Scrambled Eggs<br>Toast/Jelly<br>Melon                 | <b>31</b><br>Chocolate Donut<br>Sausage Links<br>Apple Slices |  |