

High school Lunch Menu October 2024

* Salad Bar offered most days

<p>Sept 30 SM Pizza Crispito Broccoli w/cheese Steamed carrots Fruit Juice</p>	<p>October 1st SM Pizza Country fried steak sandwich Hash browns Seasoned green beans Roll Fruit Juice</p>	<p>2 SM Pizza Cheesy Nachos w/ beef or chicken Shredded lett, cheese, tomato Pinto beans Buttery corn Sour cream/ taco sauce Fruit Juice</p>	<p>3 SM Pizza OR Cheesy chicken spaghetti Tossed romaine salad w/ dressing Steamed mixed veggies Breadstick or roll Fruit</p>	<p>4 SM Pizza OR Breaded Mozz Stick(2)w/marinara Baby carrots w/ ranch Corn on cob Fruit Juice Sorbet Cup</p>
<p>7 SM Pizza Quesadilla Pinto beans Corn on cob Fruit Juice</p>	<p>8 SM Pizza Spaghetti w/ meat sauce Salad Bar Italian mixed veggies Breadstick Fruit Juice Rice krispy treat</p>	<p>9 SM Pizza Chicken fajita Shredded lett, tomato, cheese Spanish rice Refried beans Sour cream & taco sauce Fruit Juice</p>	<p>10 SM Pizza Steak fingers or Candied Yam Patty Black eyed peas Roll Fruit Juice</p>	<p>11 SM pizza Cheesy pull-apart w/ marinara Buttery corn Tossed romaine salad w/dressing Fruit Juice Cookie</p>
<p>14 No school !!</p>	<p>15 SM Pizza Chicken sandwich grilled or fried w/ fixings Seasoned green beans Fries Fruit Juice</p>	<p>16 SM Pizza Chicken alfredo Italian mixed veggies Romaine Salad w/dressing Breadstick Fruit & juice Cookie</p>	<p>17 SM pizza Hot wings Baked beans Corn on cob Roll Fruit Juice</p>	<p>18 SM Pizza Pizza Crunchers w/marinara Sweet peas Baby carrots w/ ranch Fruit Sorbet cup</p>
<p>21 SM Pizza Chicken tenders Mash potatoes & gravy Sweet peas Roll Fruit Juice</p>	<p>22 SM Pizza BBQ pork or chicken sandwich Baked beans Corn on cob Fruit Juice Sorbet Cup</p>	<p>23 Breakfast for Lunch Cheese grits Hash browns Link or patty Sausage Sliced or cherry tomatoes Biscuit Fruit Juice</p>	<p>24 SM Pizza Totchos – tater tot nacho bar Corn Black beans Diced or cherry tomatoes Breaded Mozz cheese stick (1) Sour cream Fruit Juice</p>	<p>25 SM Pizza Hot pocket Green Beans Romaine salad w/ dressing Fruit Juice Cookie</p>
<p>28 SM Pizza Hot dog Broccoli & cheese Steamed carrots Fruit Juice Sorbet cup</p>	<p>29 SM Pizza Spaghetti w/ meat sauce Tossed Romaine salad w/dressing Italian mixed veggies Breadstick Fruit & juice</p>	<p>30 SM Pizza Taco Bar Salsa Shredded lett, tomato, cheese Sour cream & taco sauce Buttery corn Fruit & Juice</p>	<p>31 SM Pizza Hamburger steak Mashed potatoes w/ Gravy Butter beans Roll Fruit & Juice Mini rice krispy</p>	<p>Nov 1st Pizza slice Breaded Mozz Stick(2)w/marinara Corn on cob Baby carrots w/ranch Fruit Juice</p>

