



North Montgomery High School

2024-2025 School Year

Be sure and get a good start to your day with Breakfast!
Breakfast Paid Meal Price \$1.45 Reduced Breakfast Price \$.30
Lunch Paid Meal Price \$2.15 Reduced Lunch Price \$.40
Milk \$.65

November-January 2024-2025 SY

Blue	Donut Pull Apart	Breakfast Pizza	Biscuit & Gravy	Cinnamon Roll	Pancake Wrap
	Chicken Teriyaki Steamed Rice Warm Broccoli Fresh Red Pepper Strips Pineapple Tidbits Fortune Cookie	Spaghetti Sauce with Meat, Breadstick Penne Pasta Romaine Salad Seasoned Green Beans Chilled Pears	Grilled or Brd. Chicken Patty Sandwich Seasoned Potato Wedges Baked Beans Applesauce Cheddar Goldfish	Totcho Bowl (Potato Tots, Shredded Pork topped with Cheese Seasoned Corn Chilled Peaches Biscuit	Pizza Romaine Salad Baby Carrots, Broccoli. Red Pepper Strips w/ Dip Apple Special Sugar Cookie
	Donut Pull Apart	Breakfast Pizza	Un crustable	Cinnamon Roll	Pancake Wrap
	Hot Dog/Coney on Bun Oven Baked Fries Baked Beans Fresh Orange Wedges Cheez-its	Turkey & Noodles Warm Dinner Roll Whipped Potatoes/Gravy Seasoned Green Beans Chilled Mixed Fruit Pumpkin Dessert	Brd Pork Patty Sandwich Sliced Tomato, Onion, & lettuce Seasoned Potato Wedges Baby Carrots w/ Dip Chilled Applesauce	Beef & Cheese Burrito Seasoned Corn Refried Beans Chips & Salsa Chilled Peaches	Stuffed Mozz Bread Sticks, Marinara Sauce Romaine Salad Steamed Carrots Fruit Apple Wedges Chocolate Chip Cookie
Green	Donut Pull Apart	Breakfast Pizza	Sausage Biscuit	Cinnamon Roll	Pancake Wrap
	Popcorn Chicken Bowl Whipped Potatoes Gravy Steamed Carrots Biscuit Chilled Mixed Fruit	Toasted Cheese Sand. Chicken & Noodle Soup or Tomato Soup Crackers, Romaine Salad Baby Carrots & Dip Fresh Apple Wedges	Pancakes Sausage Patties Potato Smiles Fresh Carrots & Cucumber Ranch Dressing Fresh Orange Wedges	Salisbury Steak Warm Dinner Roll Whipped Potatoes Gravy Seasoned Green Beans Chilled Peaches	Western BBQ Nachos Refried Beans Seasoned Corn Salsa Chilled Applesauce Cheddar Goldfish
Red	Donut Pull Apart	Breakfast Pizza	Sausage Biscuit	Cinnamon Roll	Pancake Wrap
	Chicken Bites Seasoned Potato Wedges Baby Carrots w/Ranch Sliced Bread Fresh Apple Wedges	Pizza Romaine Salad Seasoned Green Beans Chilled Peaches Goldfish Cinn Grahams	Hamburger Sandwich Sliced Cheese, Tomato, Onion, & Lettuce Hash Brown Rounds Steamed Carrots Chilled Mixed Fruit	Corndog Oven Baked Fries Baked Beans Chilled Pears Carnival Cookie	Chicken Tenders Whipped Potatoes Gravy Seasoned Corn Fresh Orange Wedges Warm Dinner Roll

What Makes A Breakfast?
 Select 3 of the 4 Components
 2 Grains or 1 Grain & 1 Protein
 Fruit
 Milk
 One must include a minimum of ½ Cup Fruit to count as a Breakfast

What Makes A Lunch?
 Select 3 of the 5 Components
 Protein
 Fruit
 Vegetable
 Grain
 Milk
 One must include a minimum of ½ Cup Fruit or Vegetable to count as a Lunch Meal.

November	M	T	W	Th	F	December	M	T	W	Th	F	January	M	T	W	Th	F
Red					1	Blue	2	3	4	5	6	Christmas Break	30X	31X	1X	2X	3X
Blue	4	5	6	7	8	Orange	9	10	11	12	13	Red	6X	7	8	9	10
Orange	11	12	13	14	15	Green	16	17	18	19	20	Blue	13	14	15	16	17
Green	18	19	20	21	22	Christmas Break	23X	24X	25X	26X	27X	Orange	20	21	22	23	24
Red	25	26	27X	28X	29X							Green	27	28	29	30	31

Lunch Entrée Choices include the daily entrée, deli sandwich, taco bar, fresh salad, yogurt & cheese, plus a potato bar on T & TH. 100% fruit juice, fresh fruit, and milk offered with lunch. Breakfast includes the daily entrée, choices of cereals, yogurt, fresh fruit, dried fruit, 100% fruit juice & milk. We try our best to serve our menus as posted; however, sometimes last-minute changes occur. Please check with the Kitchen Supervisor prior to the meal, if you have any concerns. North Montgomery High School Food Service Contact Information: Hope Shrader (765)