



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>NATIONAL APPLE MONTH</b></p> 	<p>1 WG Blueberry Nutri Grain Bar WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>2 WG Mini Maple Waffles 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>3 WG Apple Strudel WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>4 WG Cheerios Bar String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>7 WG Blueberry Muffin WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>8 Turkey Ham &amp; Cheese Sandwich on WG English Muffin/Jelly 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>9 WG Super Donut String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>10 WG Apple Cinnamon Muffin WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>11 WG Strawberry Nutri Grain Bar String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>14 <b>NO SCHOOL</b> <b>Columbus Day</b></p> 	<p>15 WG French Toast 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>16 WG Graham Cracker String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>17 WG Strawberry Cream Cheese Bagel 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>18 WG Cinnamon Toast Crunch Bar WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>21 WG Cherry Strudel 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>22 WG Banana Muffin String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>23 Sausage on WG Biscuit Jelly 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>24 WG Super Donut WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>25 WG Apple Oatmeal Bar String Cheese 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>
<p>28 WG Apple Nutri-Grain Bar WG Graham Cracker 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>29 WG Maple Turkey Pancake Wrap 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>30 WG Apple Cinnamon Muffin 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	<p>31 WG Confetti Pancakes 100% Fruit Juice Just Picked Fresh Fruit Ice Cold Milk</p>	

**WG-Whole Grain**  
~Fresh Fruit and /or 100% Fruit Juice

~Fat Free and 1% Milk available

**Breakfast is the MOST important meal of the day!**



Menu may be subject to change

**Any comments, questions, or concerns please contact the District Manager Katrice Randle at (708)868-7570 or by email [krandle@organiclifeusa.com](mailto:krandle@organiclifeusa.com)**

Meals include rBST-free skim or 1% milk



