

minutes

SHAC-School Health Advisory Council		
9.18.2024	12:15– 1:01	CISD Boardroom
Facilitator	Dr. Mark McClure	
Note taker	Cheri McCullough	
Attendees	Dr. Mark McClure, Debbie Reynolds, Stefanie McBroom, Christi Gregory, Bill Allen, Lori Roque, Stacy Stayton, Jason Middleton, Ashton Martinez, Rachel Russell, Sara Mangrum, Cassandra Dulin, Courtney Hanna, Chelsea Chapman, Janeth Meador, Lara Arnold, Angie Dallas, Melissa Reaves, Angela Schlotzhauer, Kylah Redden, Braxon White	
Welcome – Dr. Mark McClure		
Committee members introduced themselves		
Approval of Previous Meeting Minutes *		
Committee members silently read minutes from April 17, 2024		
Angie Dallas made a motion to approve; Janeth Meador seconded; motion carried		
What is SHAC? – Dr. Mark McClure		
This committee assists in making decisions in the district’s health education instruction		
<ul style="list-style-type: none">• Choosing curriculum for various health-related subjects• Assists in planning coordinated school health programs• Determines opportunities for collaboration between CISD and community• Educating students on topics such as child abuse, dating violence, family violence, sex trafficking with grade appropriate curriculum		
Recent Accomplishments of SHAC		
<ul style="list-style-type: none">• Chose Sexual Health and Wellness Curriculum• TCHAT – Telehealth for Counseling Services• Monique Burr Curriculum (Child Advocacy Center)• Stock Epinephrine• Stock Narcan at all campuses• Reach Council - Prom pop up and educational services for families		
Election of Co-Chair		
<ul style="list-style-type: none">• Dr. McClure opened the floor for nominations• Stacy Stayton volunteered• Committee accepted and voted for Stacy Stayton to serve as the Co-Chair for 2024-2025		
Wellness Policy – Stefanie McBroom		
<ul style="list-style-type: none">• Must follow TDA guidelines• Submitting the following exemption to the State:<ul style="list-style-type: none">○ Food and/or beverages sold during an exempt fundraiser must not be sold in competition with school meals in the food service area during the school meal service○ Chelsea Chapman made a motion to submit this exemption; Janeth Meador seconded. Motion carried		

minutes

Sub-Committee Updates

Child Nutrition – Stefanie McBroom

- 4500 meals made a day
- Wellness Policy discussed

Safety & Security – Rickie Leck

- Armed officers at all campuses
- SROs at CHS, Wheat and Smith

District Communications – Debbie Reynolds

- VIPs has 50 CISD volunteers across campuses so far
- Mentor's Care – a program targeting our high school where community members build relationships with students

Sexual Wellness – Lori Roque

- Chose new curriculum last year (2023-2024) to be implemented this year (2024-2025)
- Books ordered for grades 6-9
- Teachers trained in February
- Will update permission slip verbiage for 5th grade
- Curriculum to begin after Spring Break until the end of the year

PE/Social Studies – Bill Allen

- PE teachers try to find ways to teach PE health TEKS and maintain the required 30 minutes of daily moderate to vigorous physical activity
- PE teachers assess students every year with Fitness Gram

Health Services – Christi Gregory

- Stock epinephrine coming
- Food and Allergy Plan on CISD Website
- Flu shots offered week of October 21st on most campuses