

CURRICULUM MAP: Personal Development

“We believe that every one of our students, regardless of background, is entitled to encounter the best that has been thought, said and done through a broad and ambitious curriculum.”

	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
Year 11 Units	Post 16 Options	Financial Management	Parenting	Staying Safe	Exam Season Wellbeing	
Key concepts	Finding suitable college courses, Completing college applications, Personal Statements & CVs, Apprenticeships, Careers Advice & Guidance, Interviews Preparation.	Basic financial literacy, Budgeting, Credit & Debt, Interest Rates and Tax, Mortgages, Pensions, Savings, Insurance Student loans.	Family Life, Relationships, Marriage, Conception & Contraception, Pregnancy & Labour, Looking after a Baby, Abortion & Adoption, Role of Social Services.	Safe Driving, Alcohol, Drugs, Vaping, Domestic Abuse & Coercive Control, Gambling Addictions.	Time management, Study skills and Revision support for forthcoming exams, Positive thinking & Resilience.	
Builds on	Careers and Work Experience in Year 10	Personal Finance in Year 9	Relationships and sex education in Year 8, 9 & 10	Safety & Relationships in Year 7, Drugs & Alcohol in Year 8, Relationships and sex education in Year 8, 9 & 10	Key learning skills and study skills developed cross curricular	
Leads to	Students choosing their post-16 pathway	Being able to live independently and start to build on a post-16 lifestyle with making mature and informed decisions in life.	Being able to live independently and start to build on a post-16 lifestyle with making mature and informed decisions in life.	Being able to live independently and start to build on a post-16 lifestyle with making mature and informed decisions in life..	Preparation for final GCSE exams and future exams/assessments	
Year 10 Units	Mental and emotional well-being	Community Education	Careers and Work Experience	Lifestyle Choices	Ethics and Human Rights	Relationships and Sex Education
Key concepts	Understanding stigmas and mental health, strategies to support your well-being, loss and bereavement, how to manage grief, why people bully, positivity.	Hate crime, radicalisation, Steven Lawrence, British poverty, global poverty, food banks, homelessness.	Preparing for work experience, working as a team, personal statements, interview preparation skills, future career planning, apprenticeships.	Work and life balance, eating disorders, body shaming, exercise, risks of vaping.	What ethics mean, period poverty, George Floyd and the BLM movement, Refugees, challenging discrimination.	Consent, cervical cancer, self-examination & male mental health, FGM, abortion, online grooming & safe relationships, revenge porn & the risks of porn.
Builds on	Mental and emotional health unit in Year 8	Our community unit in Year 9	Career education in Year 7, 8 and 9 and preparing for and building on the work experience this term	Personal attributes in year 8 and Healthy Living in year 7.	Rights and responsibilities in Year 9	Relationship and Sex Education in Year 8, 9 and 10
Leads to	Being able to understand their own mental health, and how other people are impacted, developing empathy and developing their own strategies to support.	Having a greater understanding of the wider world and their place as a good citizen within the community.	Preparation for work experience placements and college applications in Year 11.	Having knowledge and understanding of how to support themselves and make positive lifestyle choices.	Gaining an range of knowledge about different people and cultures around the world and having an understanding of global and local social issues	A deeper understanding about the body and sexual/intimate relationships. How to stay safe in relationships and feel equip to make informed decisions.
Year 9 Units	Business and Enterprise	Rights & Responsibilities	Careers & The Future	Personal Finance	Our Community	Relationships and Sex Education
Key concepts	Business values & ethics, structure & organisation, money & finance, risk & entrepreneurship, marketing, starting a business.	Suffragette movement, marriage, equality, hate crime, protests.	How to plan for the future, CV's, The law and work, What do I want to develop in year 10?	What is a loan and insurance, credit vs debit cards, managing money, tax, NI & pay-slips.	Recycling & globalisation, Extremism & radicalisation, British values & knife crime.	Sexual values and consent, STI's, contraception, rape and sexual assault.

Builds on	Personal Attributes in Year 8.	Rights & Responsibilities in Year 8.	Careers & The Future in Year 8.	Business unit in T1, Careers & The Future in Year 8.	Rights & Responsibilities in Year 8.	Relationships and Sex Education in Year 8.
Leads to	An understanding of how to start and run a business and personal finance in T4.	Human rights and ethics in year 10.	Helping students to select their GCSE options at the end of Year 9.	Finance and future planning in KS4.	Leads to students having a wider understanding of world issues.	Relationships and Sex Education in Year 10.
Year 8 Units	Personal Attributes	Mental & Emotional Health	Rights & Responsibilities	Careers & The Future	Drugs & Alcohol	Relationships and Sex Education
Key concepts	Bullying, Anti-social behaviour, personal responsibility, critical thinking and first aid.	What are different types of mental health issues and how can we look after them.	UK schooling vs the rest of the world, Rights & Responsibilities inside and outside of school, hate crime, communication and debating.	Options and future planning, Employability skills, Job interviews, stereotypes and self-esteem.	What are the key drugs and the issues and what are the issues with alcohol.	How can we build positive relationships and friendships, what is sexual and gender identity, sexual values and consent.
Builds on	Character Education in Year 7.	Healthy Living in Year 7.	Rights & Responsibilities and My Community in Year 7.	Careers & The Future in Year 7.	Healthy Living in Year 7.	Key concepts learned at KS2 and in Science. Also Safety & Relationships in Year 7.
Leads to	Advanced Personal Attributes in Year 9.	Understanding how to manage their mental and emotional states.	Rights & Responsibilities in Year 9.	Careers & The Future in Year 9.	Understanding the risks of taking drugs and alcohol.	Relationships and Sex Education in Year 9.
Year 7 Units	Character Education	Safety & Relationships	Healthy Living	Rights & Responsibilities	Careers & The Future	Community
Key concepts	What does Honesty, Resilience, Self-Discipline, Kind and Respect mean and how can we show them.	How to stay safe on the road, around railways and in water. How to build relationships and stay safe online.	What does it mean to be physically and mentally healthy and how can we achieve this.	What does it mean to have rights & responsibilities and what are real world examples.	How to have goals and what post 16 options there are (college, university, apprenticeships).	My community, risks of vaping, male mental health, person hygiene, menstruation and staying safe in the summer.
Builds on	KS2 PSHE work.	KS2 PSHE work.	KS2 PSHE work.	KS2 PSHE work.	KS2 PSHE work.	KS2 PSHE work.
Leads to	Personal Attributes in year 8 and 9.	Drugs and RSE in Year 8.	Mental and Emotional Health in Year 8.	Rights & Responsibilities in Year 8.	Careers & The Future in Year 8.	Rights & Responsibilities and Mental and Emotional Health in Year 8.