



ADDITIONAL CHOICES AVAILABLE DAILY. CHOICES ARE PB&J, TURKEY SANDWICH, CHEF SALAD OR CHEF'S SPECIAL. BREAD OFFERINGS ARE WHOLE GRAIN. MILK OFFERINGS ARE 1% WHITE OR FATFREE FLAVORED. MILK IS OFFERED AT EVERY MEAL



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCHES:
Free to anyone that qualifies.
CHILD- \$3.75
ADULT- \$5.00

SOFT SHELL TACO **1**
RICE & BEANS
CORN
PEACHES
MILK

PASTA W/
MEATSAUCE **2**
GARLIC KNOT
GREENBEANS
MIXED FRUIT MILK

MOZZERELLA STICKS **3**
CARROTS
BREADSTICK
APPLESAUCE
MILK

PIZZA **4**
TOSSED SALAD
STRAWBERRIES
MILK

CHICKEN NUGGETS **7**
FRENCH FRIES
CORN
APPLESAUCE
MILK

CHICKEN NACHOS **8**
BEANS & CORN
PEARS
MILK

CHEESEBURGERS **9**
FRENCH FRIES
BROCCOLI
APPLES
MILK

PANCAKES **10**
SAUSAGE
HASHBROWNS
CARROTS
PEACHES & MILK

PIZZA **11**
TOSSED SALAD
STRAWBERRIES
MILK

NO SCHOOL **14**
COLUMBUS/
INDIGENOUS
PEOPLE DAY

QUESADILLA **15**
RICE & BEANS
CORN
PEACHES
MILK

PASTA W/
MEATSAUCE **16**
GARLIC KNOT
GREENBEANS
MIXED FRUIT MILK

GLILLED CHEESE **17**
TOMATO SOUP
CARROTS
APPLESAUCE
MILK

PIZZA **18**
TOSSED SALAD
STRAWBERRIES
MILK

CHICKEN NUGGETS **21**
FRENCH FRIES
CORN
APPLESAUCE
MILK

BEEF NACHOS **22**
BEANS & CORN
PEARS
MILK

CHEESEBURGERS **23**
FRENCH FRIES
BROCCOLI
ORANGES
MILK

FRENCH TOAST STICKS **24**
SAUSAGE
HASHBROWNS
CARROTS
PEACHES & MILK

PIZZA **25**
TOSSED SALAD
STRAWBERRIES
MILK

CHICKEN PATTY **28**
FRENCH FRIES
CORN
APPLESAUCE
MILK

SOFT SHELL TACO **29**
RICE & BEANS
CORN
PEACHES
MILK

PASTA W/
MEATSAUCE **30**
GARLIC KNOT
GREENBEANS
MIXED FRUIT MILK

MOZZERELLA STICKS **31**
CARROTS
BREADSTICK
APPLE
MILK

