



# Greenwich High School October Breakfast Menu 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3	4
		Egg & Cheese (D) French Toast (V),(D) Seasonal Fresh & Diced Fruit (VE)	Bacon Egg & Cheese (D) Pancakes (D) Seasonal Fresh & Diced Fruit (VE)	NO SCHOOL ROSH HASHANAH	Bacon Egg & Cheese (D) Cinnamon Swirl (V),(D) Seasonal Fresh & Diced Fruit (VE)
	7	8	9	10	11
<b>Famer Week we will highlight special item at Breakfast &amp; Lunch October 7-11</b>	Bacon Egg & Cheese (D) Pancakes (D) Seasonal Fresh & Diced Fruit (VE)	Egg & Cheese (D) French Toast (V),(D) Seasonal Fresh & Diced Fruit (VE)	Bacon Egg & Cheese (D) Pancakes (D) Seasonal Fresh & Diced Fruit (VE)	Egg & Cheese (D) French Toast (V),(D) Seasonal Fresh & Diced Fruit (VE)	Bacon Egg & Cheese (D) Cinnamon Swirl (V),(D) Seasonal Fresh & Diced Fruit (VE)
	14	15	16	17	18
	Bacon Egg & Cheese (D) Pancakes (D) Seasonal Fresh & Diced Fruit (VE)	Egg & Cheese (D) French Toast (V),(D) Seasonal Fresh & Diced Fruit (VE)	Bacon Egg & Cheese (D) Pancakes (D) Seasonal Fresh & Diced Fruit (VE)	Egg & Cheese (D) French Toast (V),(D) Seasonal Fresh & Diced Fruit (VE)	Bacon Egg & Cheese (D) Cinnamon Swirl (V),(D) Seasonal Fresh & Diced Fruit (VE)
	21	22	23	24	25
	Bacon Egg & Cheese (D) Pancakes (D) Seasonal Fresh & Diced Fruit (VE)	Egg & Cheese (D) French Toast (V),(D) Seasonal Fresh & Diced Fruit (VE)	Bacon Egg & Cheese (D) Pancakes (D) Seasonal Fresh & Diced Fruit (VE)	Egg & Cheese (D) French Toast (V),(D) Seasonal Fresh & Diced Fruit (VE)	Bacon Egg & Cheese (D) Cinnamon Swirl (V),(D) Seasonal Fresh & Diced Fruit (VE)
	28	29	30	31	
	Bacon Egg & Cheese (D) Pancakes (D) Seasonal Fresh & Diced Fruit (VE)				
<b>DAILY WEEKLY OFFERINGS</b>	<b>Monday</b> Bagel Cream Cheese, & Cheese stick (V) Yogurt Parfait (V) Omelette Station (V),(D) Assorted Cereals (V),(GF)	<b>Tuesday</b> Bagel Cream Cheese, & Cheese stick (V) Yogurt Parfait (V) Omelette Station (V),(D) Assorted Cereals (V),(GF)	<b>Wednesday</b> Bagel Cream Cheese, & Cheese stick (V) Yogurt Parfait (V) Omelette Station (V),(D) Assorted Cereals (V),(GF)	<b>Thursday</b> Bagel Cream Cheese, & Cheese stick (V) Yogurt Parfait (V) Omelette Station (V),(D) Assorted Cereals (V),(GF)	<b>Friday</b> Bagel Cream Cheese, & Cheese stick (V) Yogurt Parfait (V) Omelette Station (V),(D) Assorted Cereals (V),(GF)
Vegan Item (VE)- Aplant based food that consists of whole grains, vegetable, legumes and fruit. Vegetarian Item (V) - a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animalproducts Item (GF)- a food that contains no gluten, or flour					
contains,milk eggs,butter					
Gluten Free Dairy (D) - all items					



**Daily Milk Offerings**  
 1% Low-Fat (V)  
 FAT FREE (V)  
 Fat Free Chocolate Milk (V)

**Attention Pre-K Students  
 CANNOT be offered Chocolate  
 Milk or Cookies**

**Daily Seasonal Fresh & Canned Fruit**  
 Apples, Banana, Grapes , Oranges, Apple Sauce,Diced  
 Pears, Pineapple, Peaches

All Menus are  
 subject to Change  
 Upon Vendor  
 Availability