



# Greenwich K-8 October Breakfast Menu 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
	September 30	October 1	October 2	October 3	October 4
	French Toast Sticks (V) (D) Seasonal Fruit (VE) Milk (V) (D)	French Toast Sticks (V) (D) Seasonal Fruit (VE) Milk (V) (D)	French Toast Sticks (V) (D) Seasonal Fruit (VE) Milk (V) (D)	NO SCHOOL ROSH HASHANAH	French Toast Sticks (V) (D) Seasonal Fruit (VE) Milk (V) (D)
	7	8	9	10	11
<b>Famer Week we will hight special item at Breakfast &amp; Lunch October 7-11</b>	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)
	14	15	16	17	18
	Egg & Cheese English Muffin (D) Seasonal Fruit (VE) Milk (V)(D)	Egg & Cheese English Muffin (D) Seasonal Fruit (VE) Milk (V)(D)	Egg & Cheese English Muffin (D) Seasonal Fruit (VE) Milk (V)(D)	Egg & Cheese English Muffin (D) Seasonal Fruit (VE) Milk (V)(D)	Egg & Cheese English Muffin (D) Seasonal Fruit (VE) Milk (V)(D)
	21	22	23	24	25
	Waffles (V),(D) Seasonal Fruitt (VE) Milk (V)(D)	Waffles (V),(D) Seasonal Fruitt (VE) Milk (V)(D)	Waffles (V),(D) Seasonal Fruitt (VE) Milk (V)(D)	Waffles (V),(D) Seasonal Fruitt (VE) Milk (V)(D)	Waffles (V),(D) Seasonal Fruitt (VE) Milk (V)(D)
	28	29	30	31	
	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)	Pancake (V),(D) Seasonal Fruit (VE) Milk (V)(D)	
<b>DAILY WEEKLY OFFERINGS</b>	<b>Monday</b> Bagel (GF) Cream Cheese, & Cheese stick (V)  Yogurt Parfait (V) Assorted Cereals (V, GF)	<b>Tuesday</b> Muffin & Yogurt (V)(D)  Yogurt Parfait (V) Assorted Cereals (V, GF)	<b>Wednesday</b> Bagel (GF) Cream Cheese, & Cheese stick (V)  Yogurt Parfait (V) Assorted Cereals (V, GF)	<b>Thursday</b> Muffin & Yogurt (V)(D)  Yogurt Parfait (V) Assorted Cereals (V, GF)	<b>Friday</b> Bagel (GF) Cream Cheese, & Cheese stick (V)  Yogurt Parfait (V) Assorted Cereals (V, GF)
	Vegan Item (VE)- Aplant based food that consists of whole grains, vegetable, legumes and fruit. Vegetarian Item (V) - a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animalproducts Free Item (GF)- a food that contains no gluten, or flour <span style="float: right;">Gluten Dairy (D) -</span> all items contains,milk eggs,butter				
	<b>Daily Milk Offerings</b> 1% Low-Fat (V)(D) FAT FREE (V)(D) Fat Free Chocolate Milk (V)(D)	<b>Attention Pre-K Students CANNOT be offered Chocolate Milk or Cookies</b>	<b>Daily Seasonal Fresh &amp; Canned Fruit</b> Apples, Banana, Grapes , Oranges, Apple Sauce,Diced Pears, Pineapple, Peaches <span style="color: red;">Gluten Free Items are Available Daily</span>		<b>All Menues are subject to Change Upon Vendor Availability</b>