



Greenwich Pre-K October Lunch Menu 2024



		Monday	Tuesday	Wednesday	Thursday	Friday				
		September 30	October 1	2	3	4				
		Chicken Nuggets (D) French Fries (S)	Grilled Cheese (V),(D) Sweet Potato Fries (V)	Pasta Meatballs w/ Sauce (D) Breadstick (D) Roasted Broccoli (VE)	NO SCHOOL ROSH HASHANAH	Cheese Pizza (V)(D) Pepperoni Pizza Roasted Chick Peas (VE)				
Famer Week we will hight special item at Breakfast & Lunch October 7-11		7	8	9	10	11				
		French Toast Sticks (V)(D) Sausage Tater Tots	All Beef Hot Dogs (D) Vegetarian Baked Beans (V)	Pasta w/Meat Sauce Garlic Bread Garden Salad (V,GF)	Chicken Tenders w/ Brown Rice Garlic String Beans (VE)	Cheese Pizza (V)(D) Pepperoni Pizza Roasted Carrots (VE)				
		14	15	16	17	18				
		Chicken Quesadilla w/Salsa Roasted Corn (V,GF)	Bosco Sticks w/sauce (V,D) Garden Salad (V)	Mac & Cheese (V,D) Dinner Roll Steamed Broc (V)	Super Chicken Sandwich w/Roasted Chick Peas (V)	Cheese Pizza (V)(D) Pepperoni Pizza Sweet Potato Fries (VE)				
		21	22	23	24	25				
		Pancakes (V),(D) Sausage Tator Tots(VE)	Meat Nachos with Chips & Cheese (D) Roasted Black Beans (VE)	Pasta Meatballs w/ Sauce (D) Breadstick (D) Roasted Broccoli (VE)	Chicken Parm Sandwich (D) Sweet Potato Fries (VE)	Cheese Pizza (V)(D) Pepperoni Pizza Garlic Green Beans (VE)				
		28	29	30	31					
		Egg & Cheese Crossiant (D) Sausage Roasted Carrots(V)	Chicken Nuggets (D) w/ Brown Rice Peas & Carrots (VE)	Pasta w/Meat Sauce Garlic Bread Roasted Broccoli (V,GF)	Spooky Pretzel Dogs W/Ghost Mashed Potato (V)					
DAILY WEEKLY OFFERINGS	Monday	Sunflower Butter & Jelly Sandwich (VE)	Tuesday	Sunflower Butter & Jelly Sandwich (VE)	Wednesday	Sunflower Butter & Jelly Sandwich (VE)	Thursday	Sunflower Butter & Jelly Sandwich (VE)	Friday	Sunflower Butter & Jelly Sandwich (VE)
		Ham & Cheese Sandwich Turkey & Cheese Sandwich Veggie Wrap (GF)		Ham & Cheese Sandwich Turkey & Cheese Sandwich Veggie Wrap (GF)		Ham & Cheese Sandwich Turkey & Cheese Sandwich Veggie Wrap (GF)		Ham & Cheese Sandwich Turkey & Cheese Sandwich Veggie Wrap (GF)		Ham & Cheese Sandwich Turkey & Cheese Sandwich Veggie Wrap (GF)
		Yogurt Parfait (V)		Yogurt Parfait (V)		Yogurt Parfait (V)		Yogurt Parfait (V)		Yogurt Parfait (V)
		Cheese Sandwich (V)		Chicken Cesear Salad (V)		Cheese Sandwich (V)		Chicken Cesear Salad (V)		Cheese Sandwich (V)
Vegan Item (VE)- Aplant based food that consists of whole grains, vegetable, legumes and fruit. Vegetarian Item (V) - a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animal products Gluten Free Item (GF)- a food that contains no gluten, or flour Dairy-(D) all items contains,milk eggs,butter										



Daily Milk Offerings
1% Low-Fat (V) (D)
FAT FREE (V)(D)

Attention Pre-K Students
CANNOT be offered Chocolate Milk or Cookies

Daily Seasonal Fresh & Canned Fruit
Apples, Banana, Grapes , Oranges, Apple Sauce,Diced Pears, Pineapple, Peaches Gluten Free Items are Available Daily

All Menus are subject to Change Upon Vendor Availability