



# Greenwich Pre-K October Breakfast Menu 2024



| Tuesday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|---|--|---|---|---|
|  | September   | <b>30 October</b>  | <b>1</b>  | <b>2</b>  | <b>3</b>  |
|  | French Toast Sticks (V) (D)<br>Seasonal Fruit (VE)<br>Milk (V) (D)  | French Toast Sticks (V) (D)<br>Seasonal Fruit (VE)<br>Milk (V) (D)                         | French Toast Sticks (V) (D)<br>Seasonal Fruit (VE)<br>Milk (V) (D)  | NO SCHOOL<br>ROSH HASHANAH  | French Toast Sticks (V) (D)<br>Seasonal Fruit (VE)<br>Milk (V) (D)  |
|  | <b>7</b>  | <b>8</b>   | <b>9</b>  | <b>10</b>   | <b>11</b>   |
| <b>Famer Week we will<br/>hight special item at<br/>Breakfast &amp; Lunch<br/>October 7-11</b> | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)                                      | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)                                       | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   |
|  | <b>14</b>   | <b>15</b>  | <b>16</b>   | <b>17</b>   | <b>18</b>   |
|  | Egg & Cheese English Muffin (D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   | Egg & Cheese English Muffin (D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)                      | Egg & Cheese English Muffin (D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   | Egg & Cheese English Muffin (D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)                       | Egg & Cheese English Muffin (D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   |
|  | <b>21</b>   | <b>22</b>  | <b>23</b>   | <b>24</b>   | <b>25</b>   |
|  | Waffles (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   | Waffles (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)                                      | Waffles (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   | Waffles (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)                                       | Waffles (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   |
|  | <b>28</b>   | <b>29</b>  | <b>30</b>   | <b>31</b>   |   |
|  | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)                                      | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)   | Pancake (V),(D)<br>Seasonal Fruit (VE)<br>Milk (V)(D)                                       |   |
| <b>DAILY<br/>WEEKLY<br/>OFFERINGS</b>  | <b>Monday</b><br>Bagel (GF) Cream Cheese,<br>& Cheese stick (V)<br>Yogurt Parfait (V)<br>Assorted Cereals (V, GF)   | <b>Tuesday</b><br>Muffin & Yogurt (V)(D)<br>Yogurt Parfait (V)<br>Assorted Cereals (V, GF) | <b>Wednesday</b><br>Bagel (GF) Cream Cheese,<br>& Cheese stick (V)<br>Yogurt Parfait (V)<br>Assorted Cereals (V, GF)  | <b>Thursday</b><br>Muffin & Yogurt (V)(D)<br>Yogurt Parfait (V)<br>Assorted Cereals (V, GF) | <b>Friday</b><br>Bagel (GF) Cream Cheese,<br>& Cheese stick (V)<br>Yogurt Parfait (V)<br>Assorted Cereals (V, GF) |
|  | Vegan Item (VE)- Aplant based food that consists of whole grains, vegetable, legumes and fruit.<br>Vegetarian Item (V) - a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animal products<br>Gluten Free Item (GF)- a food that contains no gluten, or flour<br>Dairy (D) - all items contains,milk eggs,butter |  |   |   |   |
|              | <b>Daily Milk Offerings</b><br>1% Low-Fat (V) (D)<br>FAT FREE (V)(D)  | <b>Attention Pre-K Students<br/>CANNOT be offered Chocolate<br/>Milk or Cookies</b>        | <b>Daily Seasonal Fresh &amp; Canned Fruit</b><br>Apples, Banana, Grapes , Oranges, Apple Sauce,Diced Pears, Pineapple, Peaches<br><b>Gluten Free Items are Available Daily</b> |   | <b>All Menus are<br/>subject to Change<br/>Upon Vendor<br/>Availability</b>                                       |