

Celina ISD 2023-2024 Triennial Assessment

Nutrition Guidelines

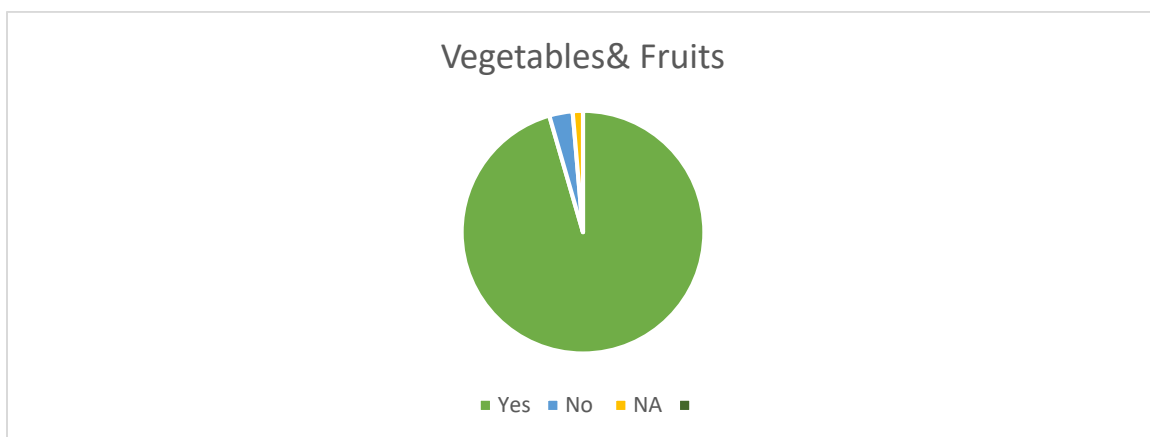
Celina ISD has written wellness policy that includes measurable goals for nutrition education.



Celina ISD promotes healthy eating and nutrition education with posters, creative menus, and signs

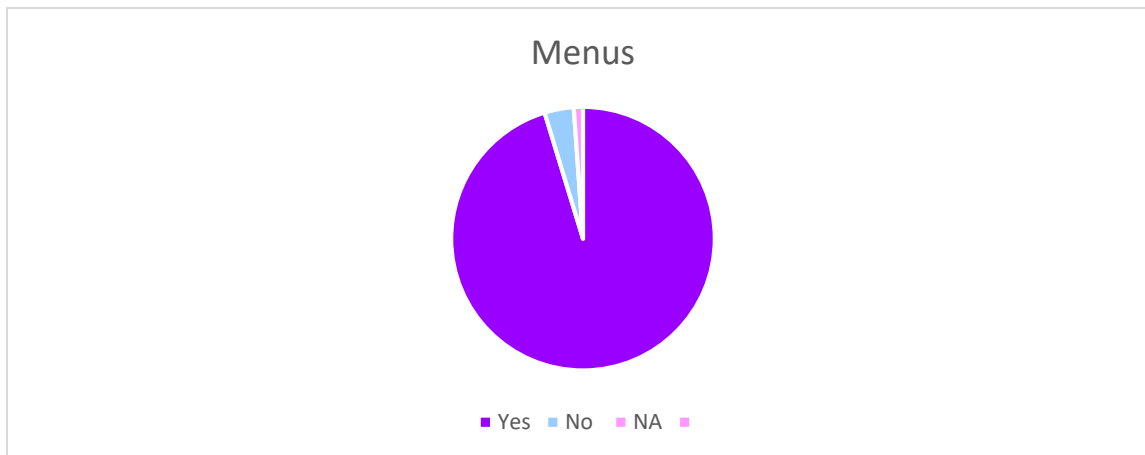


Fruits and Vegetables are available during meal service.

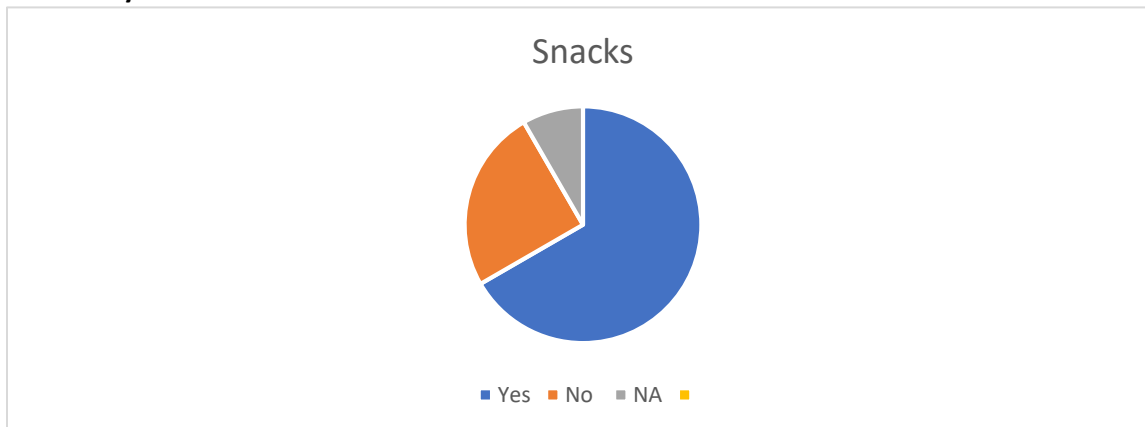


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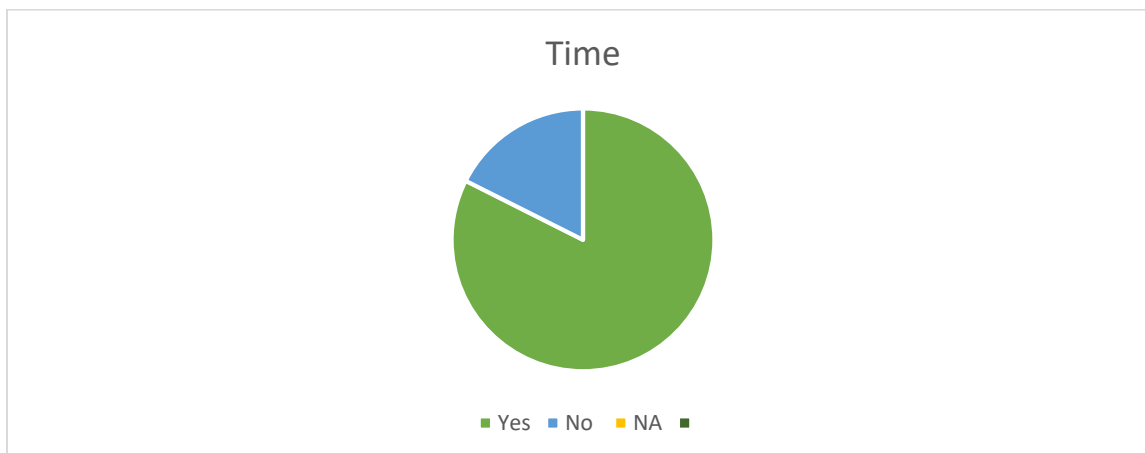
Lunch and Breakfast Menus and nutritional information is posted on Celina ISD Website



Celina ISD has implemented Smart Snacks nutritional standards for all food items sold during the school day.

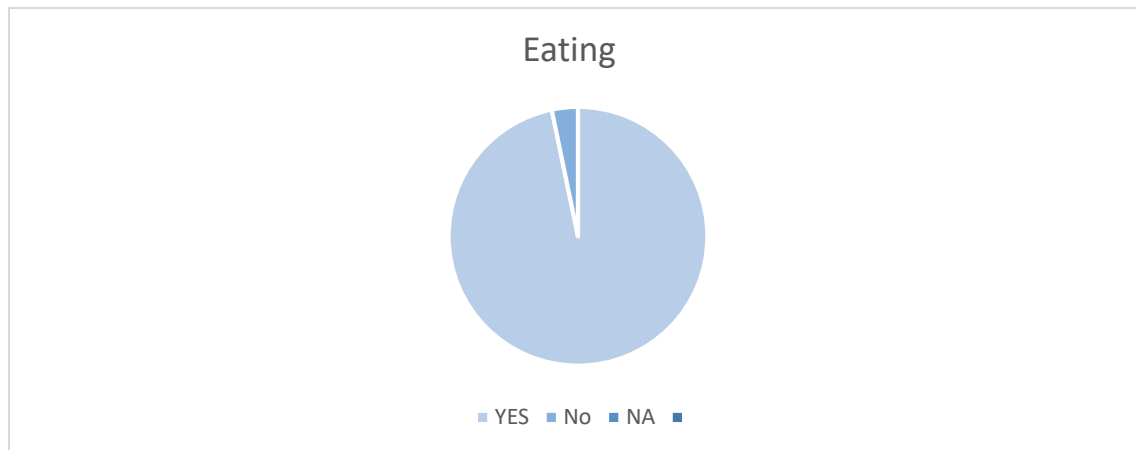


Students are provided enough time to eat school meals.

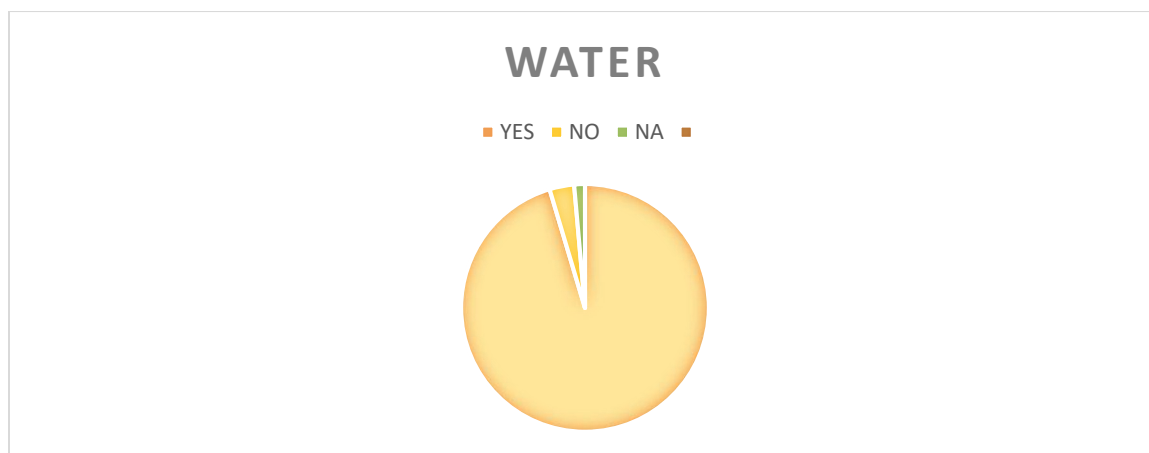


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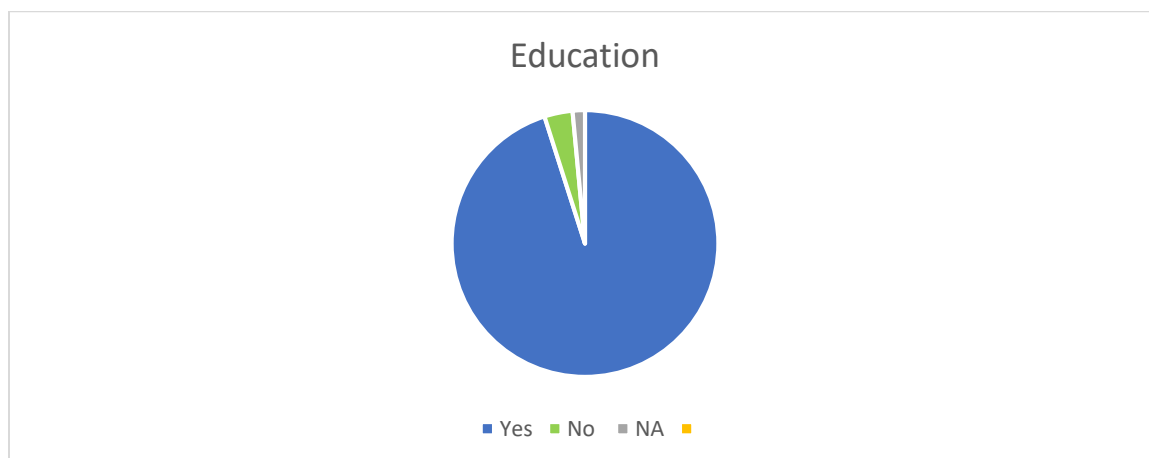
Students are provided a clean and safe area eating and environment.



Complimentary water is available and accessible



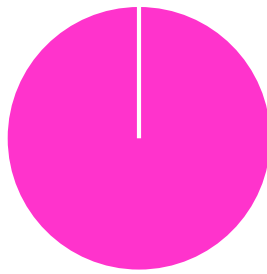
Basic nutritional education is provided at Elementary, Middle School, High School



Physical Education is provided to at elementary school, middle school, high school students.

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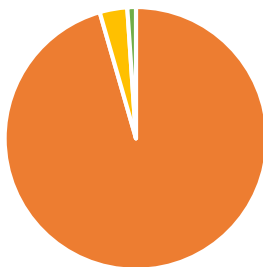
P.E.



■ Yes ■ ■ ■

Daily Recess is provided for elementary students.

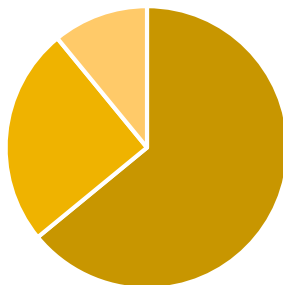
Recess



■ Yes ■ No ■ NA ■

Students are not kept from recess for disciplinary reasons.

Behavior Recess

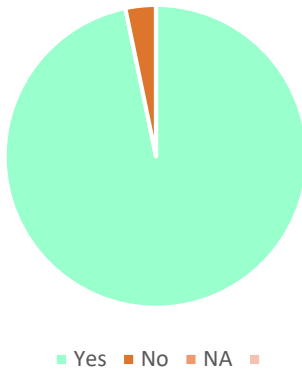


■ Yes ■ No ■ NA ■

Before and after school physical activity ; noncompetitive sports, competitive sports, clubs

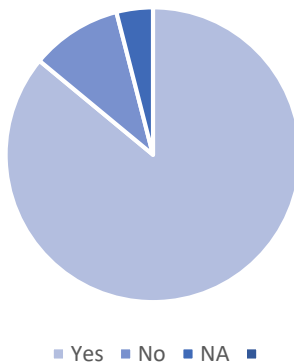
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Before & After School



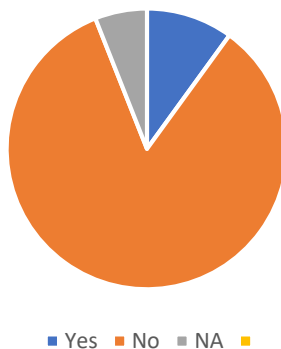
Our district wellness policy often includes measurable goals for school-based activities that promote overall wellness.

measurable goals



Our district has a staff wellness program.

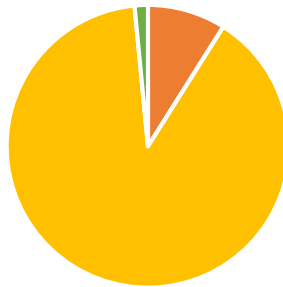
Staff Wellness



Our district provides training to staff regarding the importance of modeling healthy behaviors.

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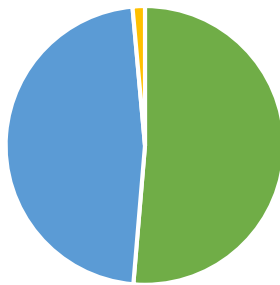
Modeling Healthy Behavior



■ Yes ■ No ■ NA ■

Our district Has a recycling program.

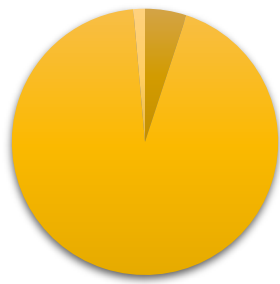
Recycling Program



■ Yes ■ NO ■ NA ■

Our District has a Safe Routes to School biking and walking programs.

Biking & Walking Safe Routes Program

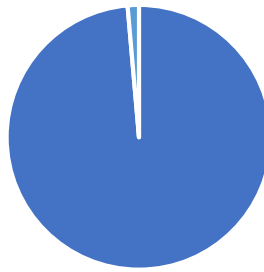


■ Yes ■ No ■ NA ■

Staff are CPR Certified

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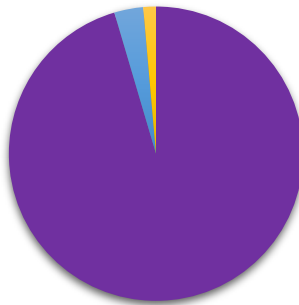
CPR



■ Yes ■ No ■ NA ■

Our district promotes community collaboration on programs, events, and ventures.

Community



■ Yes ■ No ■ NA ■