



2023-2024 Boerne ISD School Health Advisory Council (SHAC) Meeting #1

Tuesday, September 26, 2023

4:30PM to 5:30PM

Meeting Minutes

Call to Order

The School Health Advisory Council held the first meeting of the 2023-2024 school year on Tuesday, September 26, 2023. The meeting was called to order at 4:35 PM with a welcome delivered by Krista Pomeroy, Executive Director of Student Support Services. She reviewed the SHAC's vision, mission, and goals followed by introductions by all present.

In Attendance: Krista Pomeroy, Kim Seelman, Joanne Bradley, Kristin Burford, Itzel Estrella, Tiffany Fleming, Roger Gonzales, Kate Harrison, Michelle Holcomb, Jennifer Howell, Becca Jones, Gina Riha, Elky Van Es, Aubrie Walker, Simone Bergmenn, Minka Misangyi, Javier Romero, Michelle Heinbauer.

Not in attendance: Kinley Albright, Bryce Boddie, Jessica Davila, Bernardo Guerrero, Andrea Salazar.

Purpose of SHAC

Mrs. Pomeroy reviewed what the SHAC is - a coordinated school health program, district requirements, and the purpose of the SHAC. She said that although we have guidelines, she does not want to just have SHAC for compliance but to use the committee to build upon what we have.

Review of Wellness Plan

Mrs. Pomeroy asked members to read through the wellness plans on their own, copies of the Wellness Plan were provided to all in attendance. The plan was approved in April 2023. Afterwards, a discussion was held with points on what stood out, any wonderings, and how we will incorporate ideas in the plan. Mental health was brought up by and how important it is in each part of the plan, but with time may need its own category. Mrs. Pomeroy advised that we are not restricted to the plan and that it is not all encompassing.

Development of Subcommittees

Mrs. Pomeroy reviewed the three subcommittees that we currently have: nutrition, wellness (physical & mental), and school-based. A few minutes were allowed for members to think about what subcommittee they would like to participate on. Mrs. Pomeroy also ensured that this first year, she will be involved and help facilitate the subcommittees. Each person then selected the subcommittee they felt they could best serve.

Nutrition: Elky Van Es, Itzel Estrella, Tiffany Fleming, Becca Jones, Jennifer Howell, Simone Bergmann.

Wellness: Kim Seelman, Michelle Holcomb, Kate Harrison, Kristin Burford, Minka Misangyi, Joanne Bradley, Michelle Heimbauer, Roger Gonzales, Aubrie Walker, Gina Riha

It was determined to dissolve the school-based subcommittee and incorporate its aspects into nutrition and wellness.

Next steps: Mrs. Pomeroy will reach out for subcommittee work, send out surveys to gather feedback, send ideas, gather resources and suggestions.

Adjournment

A motion to adjourn the meeting was made by Roger Gonzales and second by Tiffany Fleming. The SHAC meeting was adjourned at 5:32pm