



School Health Advisory Council (SHAC) Meeting #2
Tuesday, December 5, 2023
4:30PM to 5:30PM
Meeting Minutes

Call to Order

The School Health Advisory Council held the second meeting of the 2023-2024 school year on Tuesday, December 5, 2023. The meeting was called to order at 4:37 PM with a welcome delivered by Krista Pomeroy, Executive Director of Student Support Services. The committee reviewed the minutes of the previous meeting. Tiffany Fleming motioned to approve the minutes, second by Minka Misangyi.

In Attendance: Krista Pomeroy, Kim Seelman, Jasmine Glaser, Itzel Estrella, Tiffany Fleming, Jennifer Howell, Becca Jones, Stan Leech, Aubrie Walker, and Minka Misangyi.

Not in attendance: Kinley Albright, Bryce Boddie, Jessica Davila, Bernardo Guerrero, Andrea Salazar, Joanne Bradley, Kristin Burford, Kate Harrison, Gina Riha, Simone Bergmenn, Javier Romero, Roger Gonzales, Michelle Holcomb, and Elky Van Es.

Review of Physical Activity Goals

Mrs. Pomeroy reviewed goals and objectives of the physical activity section of the wellness policy for the committee. Members of the committee who were present at the Get Active event at Curington Elementary last month informed the other members about details of the event. The inclusion of students at different ability levels using developmentally appropriate fitness activities was a positive experience for the students.

Community Nutrition Event Ideas

Mrs. Pomeroy gave some introductory information about a nutrition event and asked the committee to come up with some new ideas. Some of those include an event with cooking demonstrations with prizes to motivate, an event with kids (hands-on) trying recipes or making new foods, and a cooking challenge for kids - give a set of ingredients and see what they can come up with.

Adjournment

A motion to adjourn the meeting was made by Tiffany Fleming and second by Jennifer Howell. The SHAC meeting was adjourned at 5:20 pm.